

◆ **University Quick Facts**

Location Louisville, Ky. 40292
 Founded 1798
 Enrollment 22,000
 Nickname Cardinals
 Colors Red and Black
 Affiliation NCAA Division I
 Conference BIG EAST
 President Dr. James Ramsey
 Director of Athletics Tom Jurich
 Senior Woman Administrator Julie Hermann
 Faculty Representative Elaine Wise

◆ **Rowing Quick Facts**

Head Coach Laura Fogt, 1st Season
 Alma Mater North Carolina '01
 Rowing Office Phone (502) 852-3325
 E-Mail laura.fogt@louisville.edu
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 Alma Mater Florida '99
 E-Mail ben.ograde@louisville.edu
 Assistant Coach Andrea Buch
 Alma Mater Kansas '02
 E-Mail andrea.buch@louisville.edu
 Graduate Assistant Becky Wohrle
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 Volunteer Assistant Stephanie Laughlin
 Rowing Office Fax (502) 852-4932
 Facility Cardinal Boathouse

◆ **Support Staff**

Assistant SID (Rowing Contact) Garrett Wall
 Office Phone (502) 852-3088
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 Academic Counselor Anthony Wright
 Athletic Trainer Kevin Brown
 Strength and Conditioning Katie Krall

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◆ **Credits**

The 2007-08 University of Louisville Rowing Media Guide was designed and edited by Garrett Wall. Editorial assistance by Lori Korte, Kimberli Pemberton and Kathy Tronzo. Photography for this publication was provided by Dave Klotz and Shelly Feller. Covers designed by Dave Klotz and Shelly Feller.

◆ **Media Information**

This publication has been written to provide assistance to members of the media in covering Cardinal Rowing. All interviews with student-athletes and coaches should be arranged through the U of L Sports Information Office. Additional information is available through Garrett Wall, U of L's rowing contact, at (502) 852-3088.



ROWING AT LOUISVILLE

Louisville Rowing is an exciting program with loads of opportunity for interested young women with and without rowing experience. Members of the team come from wide and varied backgrounds, which makes for a rewarding team atmosphere. With team members from all parts of the United States and Canada, and with athletic backgrounds in swimming, running, volleyball, basketball and rowing, just to mention a few, the team can learn a great deal from each other.

Many young women with and without rowing experience come together to make the team. The wide variety creates a team dynamic which is different from most other sports. At the University of Louisville, the team is looking for people with strong athletic backgrounds who are ready for a new sport and rowers who are ready to step up to the next level. Team members are hard working, dedicated and determined people who are willing to not only accept a challenge, but to rise up and meet it.

While rowing is not for everyone, if you enjoy a challenge, such as trying new sports and have the drive to work hard, rowing may be your sport. If you choose to become a member of the team, you will find new satisfaction in participating in what has been called the "ultimate team sport." There are no MVP's and no superstars in the sport of rowing - just individuals working together as one team in order to make their boat go as fast as possible. Rowing will help you develop a sense of belonging, camaraderie, team spirit and unselfishness that is unparalleled.



◆ Training

The University of Louisville rowing team holds practices daily in the fall, winter and spring. In the fall, two groups of student-athletes work to develop a strong base which is built upon throughout the winter in preparation for the spring season.

Walk-on Novices: This group is made up of first-time rowers. They spend the fall season learning the skills of rowing on the water while increasing strength in the weight room and endurance on land.

Varsity: All recruited athletes with previous rowing experience and student-athletes in their second, third and fourth year of rowing spend the fall with a technical focus on the water, utilizing long, steady distance to build endurance and refine the fundamentals of moving the boat. This group also spends time in the weight room and on rowing machines for strength and endurance work.

In the winter, both groups of student-athletes take the development made on the water in the fall and work to improve fitness levels and strength with a variety of activities including lifting, rowing, cycling and running. The winter also provides the opportunity for specialized water skill instruction in small boats and a training camp in Florida.

In the spring, the team is focused on putting all of the training, fitness and teamwork into boats in an effort to generate the most power and speed for each stroke.

The Cardinal rowing team trains on the Ohio River for water practice. For strength and conditioning, the student-athletes work out in the weight room at the Cardinal Sports Complex. When training on land, the student-athletes utilize rowing machines such as the Concept II and Rowperfect. Additionally, training is individualized through lactate testing and 1RM test in the weightroom. Athletes also receive nutritional screening, body composition, sport psychology breakdown and unlimited support in any area of the student-athlete profile.

◆ Resources

The University of Louisville is one of the best places in the nation to be a female student-athlete. In 1999, U of L took a huge leap towards gender equity when it added three women's programs; golf, rowing and softball. In addition, Director of Athletics Tom Jurich increased budgets for and added support staff to women's programs.

Brand new facilities such as the Yum! Center (men's basketball, volleyball and lacrosse), Jim Patterson Stadium (baseball), Ralph W. Wright Natatorium (swimming & diving), Ulmer Stadium (softball), Trager Stadium (field hockey), Cardinal Club Golf Course and the Cardinal Park Soccer and Track Stadium, coupled with Freedom Hall (basketball), Papa John's Cardinal Stadium (football), Cardinal Arena (volleyball) and the Bass-Rudd Tennis Center provide some of the top collegiate facilities in the country.

All student-athletes have access to the state-of-the art strength and conditioning and sports medicine facility at Cardinal Park, as well as personal attention from strength and conditioning professionals, trainers, coaches and academic counselors.

◆ Competition

The competition in the fall consists of multiple-school regattas on river courses about three miles in length. Louisville rowing competes in regattas throughout the Midwest in addition to an annual trip to Boston for the world's largest rowing event, the Head of the Charles Regatta.

Spring competition consists primarily of duals and tri-meets throughout March and April with larger competitions in May. For the third straight season and the third time in school history, the Cardinals will compete in a conference championship event at the 2008 BIG EAST Conference Championships on April 27, and as always, U of L will compete at the NCAA Central/Southern Region Sprints. This mid-May event brings varsity programs from the NCAA Central/South Regions together for a final competition before bids for the NCAA Rowing Championships are awarded.

University of Louisville Rowing 2006-07 Academic Honors

◆ CRCA NATIONAL SCHOLAR-ATHLETE AWARDS

Nicole Alderson	Beth Daunhauer	Mallory Hamman
Jen Allen	Lisa Grace	Allison Pelette
Anna Ardiel	Kathryn Hagglund	Liz Van Zeyl
Laura Cers		

◆ DEAN'S SCHOLARS - 4.0 GPA

Jen Allen	Fall 2006/Spring 2007
Laura Cers	Fall 2006
Beth Daunhauer	Fall 2006/Spring 2007
Lisa Grace	Fall 2006
Samantha Seldon	Fall 2006
Liz Van Zeyl	Spring 2007
Jenna Williams	Spring 2007

◆ SIX ROWERS EARNED DEGREES IN 2007

Nicole Alderson	Kristin Bloom	Beth Daunhauer
Jen Allen	Denise Borders	Martha Shults

◆ RED & BLACK SCHOLARS - 3.0 GPA or Better

Nicole Alderson	Katie Fitzpatrick	Jill Reeves
Jen Allen	Ruthie Fligor	Kate Rickers
Kim Anderson	Jacquelyn Gettelfinger	Katie Rorer
Anna Ardiel	Lisa Grace	Katherine Scordo
Greta Arschbacher	Shari Grayson	Samantha Seldon
Emma Blue	Kathryn Hagglund	Martha Shults
Denise Borders	Mallory Hamman	Jessica Smith
Laura Cers	Laura Hauber	Amanda Thorsen
Beth Daunhauer	Caryn Lasley	Kelly Traynor
Meghan Dawson	Sheila Lindsey	Liz Van Zeyl
Jaclyn DeKay	Rachel Mersch	Jenna Williams
Holly Dorning	Breanne O'Connor	Aubrey Woolley
Ashely Edwardson	Allison Pelette	Anna Zwanzig
Kimberly Feinberg	Anastasia Prokopenko	



◆ **Laura Fogt**

◆ **Head Coach**

Laura Fogt, an assistant coach with the University of Louisville rowing program for the three seasons, enters her first season as head coach of the Cardinals.

"In the process of doing our national search, it quickly became clear that Laura was a star," said U of L senior associate athletic director Julie Hermann. "She is a critical reason why we were ranked in the Top 20. I look forward to her leading us forward and compete for the BIG EAST title

and an NCAA bid. I expect her to be a great leader for the program."

Fogt, a native of Raleigh, N.C., joined the Cardinals' rowing program in the summer of 2004 working primarily with the second Varsity 8+ crew and the Varsity 4+ crews while also assisting with the development of the novice program and the recruitment of U of L's future rowing talent.

Under Fogt's guidance in 2007, the Cards' second Varsity 8+ and Varsity 4+ crews each won BIG EAST titles to lead the program to a runner-up team finish overall. The Cards' second Varsity 8+ crew also advanced to the Grand Finals at the Aramark South/Central Region Sprints for the first time in the program's history, finishing sixth overall, while in 2006, U of L's second Varsity 8+ boat qualified for the Petite Finals at the Aramark South/Central Region Sprints for the first time in school history.

"I look forward to working with such a phenomenal group of athletes and women who have already achieved national recognition," Fogt said. "It's an honor to be part of the Cardinal Family and supported by such an outstanding athletic department."

Overall in 2007, the Cards' varsity program had its best season ever with three Varsity 8+ wins over Top 20 teams and the program's highest national ranking ever at No. 16 on March 28. U of L closed the season ranked No. 17 in the final USRowing/CRCA Varsity Eight Coaches Poll after earning a victory in the Varsity 8+ petite final at the Aramark South/Central Region Sprints. The season closed for the Cards with senior Beth Daunhauer earning CRCA Second Team All-America honors becoming just the second Cardinal rower in school history to earn such an honor.

The Cards also enjoyed great success off the water in 2006-07 as a school record 10 U of L rowers earned CRCA National Scholar-Athlete recognition, including seven underclassmen who will compete for the Cards in 2007-08. The Cardinal rowing program had seven athletes named to the Dean's List in 2006-07 with a 4.00 GPA and a total of 55 rowers were named Red & Black Scholars last year with a minimum 3.0 GPA.

In 2005-06, Fogt was instrumental in the development of the Cards' Varsity 8+ crew which closed the season ranked 20th in the final USRow-



ing/CRCA Coaches Poll, the program's highest end-of-season ranking at the time. U of L had five rowers earn CRCA All-Region honors in 2005-06, the most by any school in the Southern Region and tied for tops in the nation. Beth Daunhauer, Jessica Grigsby and Jenna Sample earned CRCA South Region First Team honors, while Nicole Alderson and Lisa Terreberry were named CRCA All-South Region Second Team.

As a team, the Cards finished third in the South and ninth overall at the 2006 NCAA South/Central Regional Sprints in Oak Ridge, Tenn., while U of L continued its success at the prestigious Head of the Charles Regatta with a victory in the Club 4+ event, marking the fifth straight year the Cards had medaled at the world's largest regatta. Off the water, the Cards had three rowers - Nicole Alderson, Beth Daunhauer and Lisa Terreberry - named CRCA National Scholar-Athletes.

Fogt joined the U of L rowing program after a combined six years of rowing and coaching experience at the University of North Carolina at Chapel Hill. While at Carolina, Fogt served as the novice coach and recruiting coordinator. Fogt's crews experienced much success under her guidance with Top 5 finishes at the Head of the Chattahoochee for two consecutive years, a bronze medal at the 2004 Dad Vail Championships and a strong finish at the 2004 NCAA South Central Championship.

A 2001 graduate of the University of North Carolina, Fogt earned her degree from the School of Journalism and Mass Communication with a concentration in public relations. Fogt helped lead the Tar Heels to a Top 25 finish for the first time and was a two-time letter winner. During her senior year, Fogt earned MVP honors as well as being named to the Collegiate Rowing Coaches Association All-South Region Second Team.

◆ **Coch Laura Fogt at a Glance...**

Full Name:Laura Nielsen Fogt
 Birthday:Sept. 25
 Hometown:Raleigh, N.C.
 College:University of North Carolina
 B.A. in public relations, 2001

Collegiate Rowing Experience/Accomplishments

University of North Carolina..... 1999-2001
 CRCA All-South Region Second Team2001
 Named Team MVP2001
 Member of UNC's first ever Top 25 rowing team.....2001

Collegiate Coaching Experience

University of Louisville, Assistant Coach 2004-2007
 University of North Carolina, Assistant Coach..... 2001-2004

Coaching Accomplishments

BIG EAST Championship Team Runner-Up2007
 BIG EAST Championship in 2V8+2007
 BIG EAST Championship in V4+2007
 BIG EAST Championship Team Runner-Up2006
 South/Central Region Sprints 2V8+ Grand Finalist2007
 South/Central Region Sprints 2V8+ Petite Finalist.....2006
 Dad Vail Championships Bronze Medal.....2004



◆ U of L head coach Laura Fogt (far right) and the 2007-08 Louisville rowing seniors.



COACHING STAFF



◆ Ben O'Grady ◆ Assistant Coach

Former Florida Tech men's rowing head coach Ben O'Grady is in his first season as varsity assistant coach and recruiting coordinator for the University of Louisville women's rowing program.

"I'm thrilled to have Coach O'Grady join the Louisville rowing coaching staff," said Fogt, who was introduced as the Cards' head coach on July 6. "His passion for rowing and coaching will be a great asset to the program and there's no question he will contribute greatly to the continued

development of the athletes."

O'Grady arrived in Louisville after serving as head coach at Florida Tech for two seasons where he led the Division II Panthers to a third-place finish in the Varsity 8+ race at the 2007 Dad Vail Regatta as well as a first-place finish in the Freshman Lightweight 8+. The program also earned back-to-back Open 8+ titles at the Florida Intercollegiate Rowing Association State Championship Regatta in 2006-07 and won the high-point trophy in 2006.

"Early on, it was clear that Coach O'Grady was the best candidate for this position," Fogt said. "His energy and drive has brought much success to his crews and I look forward to working with him to provide our student-athletes with the best possible experience on the race course, in the classroom and within our community."

Prior to leading the Florida Tech program, O'Grady served three seasons as the head coach of the men's rowing club at the University of Central Florida. While at UCF, O'Grady helped build the club from the bottom of the FIRA to a second-place finish in the Varsity 8+ race at the 2005 State Championship Regatta, the highest finish for UCF in 14 years. He also led the Golden Knights to a second-place finish in the Varsity 4+ event at the Southern Intercollegiate Rowing Association Championships that same season.

Before moving to UCF, O'Grady was an assistant coach from 2000-01 for the Duke University women's rowing program, which earned a Top 20 national ranking for the first time in school history that same season. O'Grady also has previous coaching experience at the Riverside Boat Club in Cambridge, Mass., and the University of Texas.

Prior to moving into the coaching ranks, O'Grady was a successful collegiate rower at the University of Florida, where he earned a bachelor's degree in electronic intermedia in 1999. During his collegiate rowing career, O'Grady was a rower and a coxswain for the Gators, was named team captain in 1997-98 and was named Most Valuable Athlete in 1997. He was an important member of the Gators' bronze medaling crew in the Lightweight Varsity 8+ race at the Dad Vail Regatta in 1998.



◆ Becky Wohrle ◆ Graduate Assistant

Becky Wohrle enters her first season as a graduate assistant after serving last season as a volunteer assistant with U of L rowing. Prior to that, she competed for the Cards the two seasons as a coxswain. In 2006, Wohrle was the coxswain for the Cards' second varsity 8+ boat which finished second at the BIG EAST Championships and third in the "B" final at the NCAA South/Central Regional.



◆ Andrea Buch ◆ Assistant Coach

Former University of Kansas rower Andrea Buch enters her first season as novice head coach and in-state recruiting coordinator for the University of Louisville women's rowing program.

"It's great to have Coach Buch on staff at Louisville," said Fogt, who was introduced as the Cards' head coach on July 6. "Her contagious energy will make her an excellent coach for the novice women as well as a great role model for the varsity women. She understands the

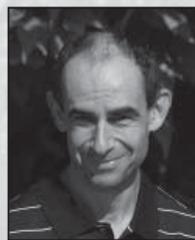
demands of being a competitive Division I athlete and she will do a fantastic job of preparing the novice women for a successful racing season."

Buch, who graduated with honors from the University of Kansas in 2002 with a bachelor's degree in geography, rowed for the Top 25 ranked Jayhawks from 1998-2002. She was team captain as a senior and was a member of the top varsity crew her junior and senior seasons. She rowed with the second varsity crew her first two seasons with KU and was named Most Outstanding Freshman in 1998.

Buch also excelled in the classroom at KU consistently earning Jayhawk Scholar and Big XII Commissioner's Honor Roll recognition. From 2005-2007, Buch attended the University of Otago in New Zealand earning a master's degree in geography.

"I'm so excited to be part of the fantastic athletic community here at Louisville and to be joining the Cards after such a groundbreaking season last year," said Buch. "I look forward to building on that success."

Buch joins the Louisville rowing program after coaching at East Lyme High School and the Thames River Sculls in Conn., in 2007. Prior to that, she was the head coach at Lyme-Old Lyme High School in 2004 where she coached the gold medalist crews in the Boys and Girls 2x events at the Stotesbury Cup Regatta. From 1998-2003, she coached both sweep and sculling to the high performance juniors program at Blood Street Sculls in Old Lyme, Conn., where she was also involved with their highly competitive masters program. Buch started her coaching career in 1996 working with the Old Lyme Rowing Association.



◆ Lew Acampora ◆ Volunteer Assistant

Lew Acampora enters his third season as a volunteer coach with the U of L rowing program. Acampora learned to row with the Harvard Varsity Lightweight squad and earned his degree from Harvard in 1981. Following graduation, he taught at St. Mark's School in Mass., where he also coached the varsity boys rowing team for seven years. After rowing and teaching for two years in Orange County, Calif., he moved to Louisville and continues to be an avid rower competing in several master's sculling races each year. He and his fiancée, Lenore Hoyt, currently reside in Louisville.



◆ Stephanie Laughlin ◆ Volunteer Assistant

Stephanie Laughlin enters her third season as a volunteer assistant following a successful collegiate rowing career at U of L. As a student-athlete, Laughlin fell in love with the sport of rowing and it quickly became a lifestyle for the Louisville native. She earned her bachelor's degree in civil engineering in December, 2004 and her master's in civil and environmental engineering in August, 2005.

LOUISVILLE



2007-08 Louisville Varsity Rowing Roster

ROWER	YR	EXP	HOMETOWN (PREVIOUS SCHOOL)
Kim Anderson	Sr.	3L	Thunder Bay, Ont. (Westgate C&V Institute)
Anna Ardiel	Jr.	2L	Vittoria, Ont. (Simcoe Composite HS)
Kristin Bloom	Sr.	2L	Louisville, Ky. (Purdue University)
Laura Cers	Jr.	2L	Hamilton, Ont. (St. Mary's HS)
Danielle Christiansen	So.	1L	Taylor Mill, Ky. (Scott HS)
Meghan Dawson	So.	1L	Linthicum Heights, Md. (Institute of Notre Dame)
Ashley Edwardson	So.	1L	St. Catharines, Ont. (Governor Simcoe SS)
Mandey Erdman	Jr.	2L	Louisville, Ky. (Sacred Heart Academy)
Kristin Falovo	Fr.	HS	Thorold, Ont. (Denis Morris Catholic HS)
Kimberly Feinberg	So.	1L	Russell, Ky. (Russell Independent HS)
Sarah Fiske	Fr.	HS	Barrington, R.I. (St. Andrews HS)
Katie Fitzpatrick	Sr.	3L	Edgewood, Ky. (Villa Madonna Academy)
Ruthie Fligor	So.	1L	Richmond, Ky. (Model Laboratory School)
Lisa Grace	Jr.	2L	Shepherdsville, Ky. (Presentation Academy)
Kathryn Hagglund	Sr.	3L	London, Ont. (Saunders HS)
Mallory Hamman	Jr.	2L	Clarksville, Ind. (Clarksville HS)
Sam Kayser	Fr.	HS	Ottawa, Ont. (Canterbury HS)
Kira Lawson	Fr.	HS	London, Ont. (Saunders HS)
Rachel Mersch	Sr.	3L	Villa Hills, Ky. (Notre Dame Academy)
Sha'Lori Moore	Jr.	2L	Louisville, Ky. (Mercy Academy)
Breanne O'Connor	Sr.	3L	Hamilton, Ont. (St. Mary's SS)
Allison Pelette	Jr.	2L	Welland, Ont. (Notre Dame College)
Andi Pigneri	So.	1L	Louisville, Ky. (Sacred Heart Academy)
Anastasia Prokopenko	So.	1L	Pskov, Russia (Pskov Lyceum for the Humanities)
Jill Reeves	Jr.	2L	Louisville, Ky. (Assumption HS)
Kate Rickers	So.	1L	St. Catharines, Ont. (Ridley College)
Katie Rorer	So.	1L	Paducah, Ky. (Lone Oak HS)
Katie Scordo	So.	1L	Lexington, Ky. (Lexington Catholic HS)
Samantha Seldon	So.	1L	Louisville, Ky. (Ballard HS)
Jessica Smith	Jr.	2L	Crestwood, Ky. (Oldham County HS)
Kelly Traynor	So.	1L	Hamilton, Ont. (Westdale SS)
Liz Van Zeyl	Jr.	2L	Fonthill, Ont. (E.L. Crossley SS)
Anna Zwanzig	Jr.	2L	Louisville, Ky. (Home School)

2007-08 Louisville Novice Rowing Roster

ROWER	YR	HOMETOWN (PREVIOUS SCHOOL)
Erika Aemmer	So.	Charlestown, Ind. (Wichita State/Silver Creek HS)
Ashley Anderson	Fr.	Louisville, Ky. (Sacred Heart Academy)
Sarah Beck	Fr.	Wilders, Ky. (Campbell County HS)
Ashleigh Boone	Fr.	Frankfort, Ky. (Frankfort HS)
Tasha Branch	Fr.	Burlington, Ky. (Conner HS)
Jennifer Burress	So.	Louisville, Ky. (Eastern HS)
Samantha Burress	Jr.	Mt. Washington, Ky. (Bullitt East HS)
Jackie Carbuccia	Fr.	Lexington, Ky. (Bryan Station HS)
Cait Cavanaugh	Fr.	Union, Ky. (Ryle HS)
Shannon Elias	Fr.	Murray, Ky. (Murray State/Murray HS)
Brittany Hall	Fr.	New Richmond, Ohio (New Richmond HS)
Lauren Hendricks	Fr.	Louisville, Ky. (Manual HS)
Kaitlyn Knight	Fr.	Union, Ky. (Ryle HS)
Alex Martin	Fr.	Paducah, Ky. (Reidland HS)
Tara McKiernan	Fr.	Louisville, Ky. (Mercy Academy)
Aakriti Mehta	Fr.	Louisville, Ky. (Manual HS)
Lauren Mensch	Fr.	Elizabethtown, Ky. (John Hardin HS)
Jenna Neuner	Sr.	Louisville, Ky. (Ballard HS)
Christina Nichols	Fr.	Fisherville, Ky. (Christian Academy of Louisville)
Crystal Ortiz	Sr.	Louisville, Ky. (Jefferson Community College)
Abbey Patterson	Fr.	Louisville, Ky. (Male HS)
Chelsea Reeves	Fr.	Louisville, Ky. (Assumption HS)
Shelby Schultz	Fr.	Dublin, Ohio (Dublin HS)
Viktoriya Shekhovtsova	Fr.	Louisville, Ky. (Manual HS)
Allison Siu	Fr.	Louisville, Ky. (Manual HS)
Annie Stadig	Fr.	Mt. Sterling, Ky. (Montgomery County HS)
Erica Summe	Fr.	Burlington, Ky. (Conner HS)
Erica Vowels	Fr.	Elizabethtown, Ky. (John Hardin HS)
Katherine Wolf	Fr.	Louisville, Ky. (Manual HS)
Meredith York	Fr.	Louisville, Ky. (Manual HS)

Head Coach: Laura Fogt, 1st Season

Assistant Coaches: Ben O'Grady, Andrea Buch

Graduate Assistant: Becky Wohrle - **Volunteer Assistants:** Lew Acampora, Stephanie Laughlin



VARSITY ROWERS



◆ **Kim Anderson**
SR • Thunder Bay, Ont.
Westgate C&V InSTITUTE

2007-08: Will serve as an undergraduate assistant coach with the Cards during her senior season. She will work primarily with Cards' novice rowers with head coach Andrea Buch.

2006-07: Did not compete during the spring racing season due to injury.

2005-06: Rowed in the three-seat of the Cards' 2nd Varsity 4+ boat in the season-opening races against Murray State on Kentucky Lake ... Red & Black Scholar.

2004-05: Spent the spring season in the five-seat of the second Varsity 8+ boat ... 2V8+ crew earned a first-place finish in the "C" Final at the NCAA Regionals, two wins over Murray State and second place in the "A" Final at the Southern Intercollegiate Rowing Association Championships ... Red & Black Scholar.

Prior to UofL: Four-year member of the Thunder Bay Rowing Club ... 2003-2004 Oarsman of the Year and 2002-2003 Junior Rower of the Year ... Member of the 2003 Senior Women's Quad Ontario champions, the Under-23 Women's Doubles champions in 2004 and the 2003 Junior Women's Quad champions ... Named Most Improved Rower in 2000.



Personal: Born Kimberly Anderson on Oct. 16, 1986 in Thunder Bay, Ontario ... Daughter of Debbie and Bruce Anderson ... Has one brother, Kevin ... Hobbies and outside interests include working out, being outside, spending time with friends and family, and sleeping ... Says her teammates are the best thing about U of L rowing ... Chose the University of Louisville because of the rowing program and because the people she met on her visit made her feel at home ... Says HSS 416 is her favorite class ... After graduation, she plans to go back to school for the accelerated nursing program ... Her best race was in the 2nd Varsity 8+ boat at the 2004 Head of the Schuykill Regatta ... If she could tell her new teammates one thing, it would be that they picked the right team.



◆ **Kristin Bloom**
SR • Louisville, Ky.
Purdue/Sacred Heart Acad.

2006-07: Graduated with a bachelor of science degree in communication in the spring ... Rowed in the eight-seat of the Cards' 2nd Varsity 8+ boat which advanced to the Grand Final at the NCAA South/Central Region Sprints and finished sixth overall ... Rowed in the two-seat of the Cards' BIG EAST title winning 2nd Varsity 8+ boat ... Was also in the two-seat as the Cards' 2nd Varsity 8+ crew knocked off Stanford at the Windermere Real Estate Rowing Classic ... Opened

the spring in the one-seat of the Cards' Varsity 8+ boat which defeated nationally ranked Minnesota.

2005-06: Spent most of the season rowing in the eight-seat of the Cards' 2nd Varsity 8+ boat, which finished first in the "A" Final at the Southern Intercollegiate Rowing Association Championships, second at the BIG EAST Championships and third at the NCAA South/Central Region Sprints ... Also competed against California, Wisconsin, Tennessee and Minnesota ... Her crew finished second at the Head of the Licking and third at the Head of the Elk ... Dean's Scholar with a 4.0 GPA ... Red & Black Scholar.

Prior to UofL: Started rowing career at Purdue University ... Earned a third-place finish as a novice at the Elkhart Indoor Rowing Championships in 2004 ... Was undefeated in outdoor events as a novice rower with the Boilermakers ... During her prep career at Sacred Heart Academy, she was a member of the rowing team for four years under the direction of coach Bob Hurley and played basketball for two years.

Personal: Born Kristin Elizabeth Bloom on June 12, 1985 in Malden, Mass. ... Daughter of Kathy Bloom ... Has one brother, Eric Miller ... Post-college ambition is to work for an advertising company or advertise for a sports team ... She chose U of L because of the great opportunities it opened up ... Thinks the best thing about the city of Louisville is the support of college athletics ... The best thing about U of L rowing is the drive of the team ... Says her best race came at the 2007 BIG EAST Championships ... If she could tell her incoming teammates one thing, it would be that you're joining one of the most supportive and hardworking groups of girls that I've ever met.



◆ **Katie Fitzpatrick**
SR • Edgewood, Ky.
Villa Madonna Academy

2006-07: Red & Black Scholar ... Closed the season as the coxswain for the Cards' 2nd Varsity 4+ boat, which won the program's second ever BIG EAST Championship and advanced to the Open 4+ Grand Final and finish fourth overall at the NCAA South/Central Region Sprints ... Also coxed for the Cards' 2nd Varsity 4+ boat which competed against Minnesota.

2005-06: Spent most of her second season as the coxswain for the Cards' Varsity 4+ boat ... Led her crew to a second-place finish at the BIG EAST Championships and at the Head of the Licking and fifth in the "B" Final at the NCAA South/Central Region Sprints ... Also led the Cards' Varsity 4+ crew against Tennessee and Minnesota ... Was the coxswain for U of L's third-place finish in the Open 8+ "B" race at the Head of the Elk ... Red & Black Scholar.

2004-05: Selected as Most Improved Novice Rower ... Spent her first college rowing season as the coxswain for the Novice 8+ boat ... Directed the crew to an eight-place finish in her first-ever race at the Head of the Schuykill Regatta in Philadelphia ... Also directed the N8+ crew to a fifth-place finish in the "B" Final at the Southern Intercollegiate Rowing Association Championships in Oak Ridge, Tenn., and a pair of wins over Murray State at the Derby Festival Regatta ... Also competed in races against Notre Dame, Indiana, Tennessee and Minnesota ... Red & Black Scholar.

Prior to UofL: As a prep athlete at Villa Madonna Academy, she competed for four years in soccer, three years in track and field, two years in softball and cheerleading and one year in swimming ... Was track and field team captain as a senior.

Personal: Born on April 25, 1986 in Covington, Ky. ... Daughter of Jerry and Pam Fitzpatrick ... Has two siblings, Ryan and Erin ... Majoring in biology with a minor in chemistry ... Hobbies and outside interests include cake baking, reading and hanging out with her team ... Chose the University of Louisville because it is an incredible environment! It has the resources of a large university but the atmosphere and friendliness of a small school ... Says the best thing about the city of Louisville is that there are constantly events going on and things to experience ... Thinks the best thing about U of L rowing are her teammates who are great people and make getting up at 5 a.m. worth it ... Favorite class is histology ... After she graduates, she plans to go to medical school ... Says her best race came at the 2007 BIG EAST Championships when her boat defeated Notre Dame.





◆ **Kathryn Hagglund**
SR • London, Ont.
Saunders HS

Team Captain for 2007-08

2006-07: Named CRCA National Scholar-Athlete ... Red & Black Scholar ... Closed the spring racing season in the three-seat of the Cards' 2nd Varsity 8+ boat, which won the BIG EAST Championship and finished sixth in the Grand Final at the NCAA South/Central Region Sprints ... Also a key member of the Cards' 2V8+ win over Stanford at the Windermere Real Estate Rowing Classic.

2005-06: Team captain ... Closed the season in the five-seat of the Varsity 8+ boat at the NCAA South/Central Region Sprints ... Rowed in the three-seat of the Varsity 8+ boat at the BIG EAST Championships (second place) and SIRA Championships (first place) ... Opened the spring in the 2nd Varsity 8+ boat ... Rowed in the three-seat for the Cards' first-place finish in the Open 8+ "A" race at the Head of the Elk ... Red & Black Scholar.

2004-05: Spent her first collegiate rowing season in the Varsity 8+ boat ... Was in the four-seat for the V8+ crew which won the "A" Final at the Southern Intercollegiate Rowing Association Championships, earned a win over Notre Dame, two wins over Murray State at the Derby Festival Regatta and a fourth-place finish in the "B" Final at the NCAA

Regionals in Oak Ridge, Tenn. ... Rowed in the one-seat of the V8+ boat for a second-place finish at the Head of the Charles ... Dean's Scholar ... Red & Black Scholar.

Prior to UofL: Competed from 2002-04 for the London Rowing Club under the direction of coach Erin Boost ... Individual honors include 2002 London Rowing Club Novice Oarsman of the Year, third place at the 2003 Ontario Erg Indoor Championships, 2004 Saunders Rowing Team president, member of the 2004 Canadian CanAmMex team, 2002-03 Saunders rowing team "Rookie of the Year" and first place at the 2003 London Erg Championships ... Team honors include third place in the double at the 2003 Head of the Thames and Head of the Trent, 2004 overall team point trophy at the WOSSA Doug Wells Regatta, 2004 high point trophy at the Silver Lake Regatta, among others ... Lettered in swimming, rowing and soccer.

Personal: Born on June 27, 1986 in Toronto, Ont. ... Daughter of Fred and Joanne Hagglund ... Has two sisters, Erin and Heather ... Majoring in exercise science ... Post-college ambition is to become a physiotherapist and work with a college sports team ... Hobbies and outside interests include music, scrapbooking and outdoor adventures.



◆ **Rachel Mersch**
SR • Villa Hills, Ky.
Notre Dame Academy

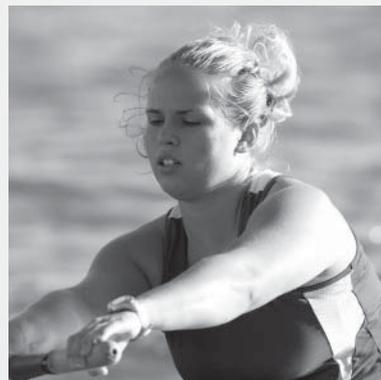
2006-07: Red & Black Scholar ... Closed the season in the four-seat of the Cards' 2nd Varsity 4+ boat ... Crew won the 2V4+ title at the BIG EAST Championships and finished fourth in the Open 4+ Grand Final at the NCAA South/Central Region Sprints.

2005-06: Rowed in the two-seat of the Cards' Varsity 4+ boat which finished second at the BIG EAST Championships ... Was in the two-seat for the Cards' third-place finish in the Open 4+ race at the NCAA South/Central Region Sprints ... Also rowed in the two-seat of the Varsity 4+ boat against Minnesota and Tennessee ... Was in the six-seat for the Cards' second-place finish in the Open 8+ "C" race at the Head of the Elk ... Was in the one-seat in U of L's second-place finish in the Open 8+ "B" race at the Head of the Licking ... Red & Black Scholar.

2004-05: Spent the racing season on the Novice 8+ crew ... Was in the six-seat for the spring races as the N8+ crew earned a fifth-place finish in the "B" Final at the Southern Intercollegiate Rowing Association Championships and a pair of wins over Murray State ... Was in the one-seat of the N8+ boat as the crew earned an eight-place finish at the Head of the Schuylkill Regatta in Philadelphia ... Red & Black Scholar.

Prior to UofL: Competed for three years for the Cincinnati Junior Rowing Club under the direction of coaches Mike Wenker and Andy Piepmier ... Stroked third in the 8+ boat which finished first at the 2004 Midwest Junior Championships ... Stroked third in the 4+ boat which finished third at the 2003 Grand Rapids Regatta in Michigan ... Finished third of 36 rowers at the C.R.A.S.H. B's in Cincinnati in '01.

Personal: Born Rachel Lea Mersch on April 19, 1986 in Ft. Thomas, Ky. ... Daughter of Bill and Sandy Mersch ... Has one brother, Jonathan ... Graduated with a B.S. in ELBD (education) ... Hobbies and outside interests include waterskiing, swimming, softball, hiking and snowskiing ... Post-college ambition is to be a 1st grade teacher ... Chose U of L because of the rowing team, the closeness to home and the small size of the campus ... Says the best thing about the city of Louisville is that it is college driven and fun ... Thinks the best thing about U of L rowing are her teammates ... Favorite class is Classroom Management with Dr. Alter ... After graduation, she plans to teach and earn her master's degree ... Says her best race was winning the 2nd Varsity 4+ title by one second over Notre Dame.



◆ **Breanne O'Connor**
SR • Hamilton, Ont.
St. Mary's SS

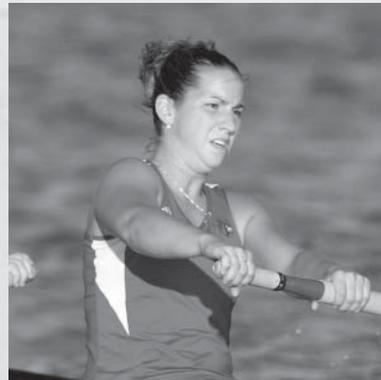
2006-07: Red & Black Scholar ... Rowed in the seven-seat of the Cards' 2nd Varsity 8+ boat in the final three events of the spring racing season ... Crews finished first in the 2V8+ Grand Final at the BIG EAST Championships, sixth in the Grand Final at the NCAA South/Central Region Championships and earned a win over Stanford at the Windermere Real Estate Rowing Classic ... Also rowed in the three-seat of the Cards' 2V8+ boat against Minnesota and Tennessee.

2005-06: Closed the season in the five-seat of the 2nd Varsity 8+ boat which finished third in the "B" Final at the NCAA South/Central Region Sprints ... Rowed in the seven-seat of the 2nd Varsity 8+ boat at the BIG EAST Championships (second place) and the Southern Intercollegiate Rowing Association Championships (first place) ... Also rowed in the seven-seat against California and Wisconsin ... Rowed in the six-seat for the Cards' 2nd Varsity 8+ crew's win over Minnesota ... Also rowed in the six-seat of the 2nd Varsity 8+ boat against Tennessee, the five seat in the Open 8+ "B" race at the Head of the Elk and the seven-seat in the Open 8+ "B" race at the Head of the Licking ... Red & Black Scholar.

2004-05: Spent the spring racing season in the eight-seat of the second Varsity 8+ boat ... Was a part of the crew's first-place finish in the "C" Final at the NCAA Regionals, a second-place finish in the "A" Final at the SIRA's and a pair of wins over Murray State ... Rowed in the three-seat of the V8+ boat at the Head of the Charles Regatta.

Prior to UofL: Four-year member of the Leander Boat Club under the direction of coach Steffan Wagner ... 2001 Rookie of the Year for both St. Mary's and Leander ... 2004 MVP of the St. Mary's Crew.

Personal: Born on Nov. 17, 1986 in Hamilton, Ontario ... Daughter of Larry and Dawn O'Connor ... Has three siblings, Adam, Tim and Victoria ... Majoring in sport administration with a minor in exercise science ... Post-college ambition is to travel as a drifter and eventually go into coaching ... Chose U of L because the team atmosphere is unlike any other college ... Says the best thing about the city of Louisville is that it is unique and each area of the city is different ... Believes the best thing about U of L rowing is the dedication and determination shown by the crew ... Favorite class is History of Women in Sport ... Believes her best race was in the Grand Final at the 2007 NCAA South/Central Region Sprints.



VARSITY ROWERS



◆ **Anna Ardiel**
JR • Vittoria, Ont.
Simcoe Composite HS

Team Captain for 2007-08

2006-07: Cardinal Pride Award winner ... Named CRCA National Scholar-Athlete ... Red & Black Scholar ... Rowed in the two-seat of the Cards' Varsity 8+ boat for most of the spring ... Led the Cards to a win in the Petite Final at the NCAA South/Central Region Sprints, a win over No. 5 ranked California, a win over nationally ranked Minnesota and a second-place

finish in the Grand Final at the BIG EAST Championships.

2005-06: Closed her first collegiate season in the seven-seat of the Cards' 2nd Varsity 8+ boat which earned third in the "B" Final at the NCAA South/Central Region Sprints ... Rowed in the five-seat of the 2nd Varsity 8+ boat which finished second at the BIG EAST Championships and first at the Southern Intercollegiate Rowing Association Championships ... Rowed in the five-seat in the Cards' 2nd Varsity 8+ race win over Minnesota ... Also rowed in the five-seat of the 2nd Varsity 8+ boat against California, Wisconsin and Tennessee ... Red & Black Scholar.

Prior to UofL: Four-year member of the Silver Lake Rowing Club under the direction of coach Sue Fairley ... Earned a gold medal finish in the singles events at the 2005 Head of the Fish ... Earned gold in the 63kg single at the Canadian High School Championships ... Finished second in the singles event at the 2005 Ontario Championships and third in 2006 ... Along with rowing, she also competed in cross country and track at Simcoe Composite School.

Personal: Born on June 14, 1987 in Simcoe, Ontario ... Daughter of Beth and Bob Ardiel ... Has two brothers, Evan and Liam ... Majoring in human performance at U of L with a minor in French ... Post-college ambition is to be a teacher ... Hobbies and outside interests include running and snowboarding ... Chose the University of Louisville because of the community support for U of L athletics and because of the coaches and teammates ... Believes the best things about the city of Louisville are the friendly people and the support from the city for college athletics ... Says the best thing about U of L rowing are her awesome teammates and coaches ... Favorite class is French ... Says her best race was at the 2007 NCAA South/Central Region Sprints.



◆ **Laura Cers**
JR • Hamilton, Ont.
St. Mary's SS

2006-07: Named CRCA National Scholar-Athlete ... Dean's Scholar ... Red & Black Scholar ... Rowed in the two-seat of the Cards' 2nd Varsity 8+ boat which finished sixth in the Grand Final at the NCAA South/Central Region Sprints ... Rowed in the three-seat for the Cards' Varsity 8+ win over No. 5 California and the runner-up finish in the V8+ Grand Final at the BIG EAST Championships ... Also rowed in the four-seat of the Cards' 2V8+ boat against

Minnesota and Tennessee.

2005-06: Spent most of the season in the Cards' Varsity 8+ boat, rowing in the four-seat at the BIG EAST Championships (second place) and the NCAA South/Central Region Sprints ... Rowed in the two-seat of the Varsity 8+ boat which won the "A" Final at the Southern Intercollegiate Rowing Association Championships ... Was in the one-seat for the Varsity 8+ crew's win over Minnesota ... Rowed in the three-seat for the Cards' Club 4+ win at the prestigious Head of the Charles ... Also rowed in the three-seat of the Varsity 8+ boat against California, Wisconsin and Tennessee ... Rowed in the four-seat for the Cards' Open 8+ race win at the Head of the Elk Regatta ... Red & Black Scholar.

Prior to UofL: Five-year member of the Leander Boat Club under the direction of coach Steffan Wagner ... Rowed for coach Kevin Monaco at St. Mary's Catholic Secondary School ... Named Rookie of the Year in 2002 ... Earned Top 10 finishes at the Ontario Indoor Rowing Championships from 2002 to 2005 ... Finished first in the junior doubles at the 2003 Schoolboy and third in the junior doubles at the 2005 Henley ... Also lettered four years in volleyball at St. Mary's ... Joins teammate Breanne O'Connor as graduates of St. Mary's Secondary School.

Personal: Born Laura Amanda Cers on Sept. 16, 1987 in Hamilton, Ontario ... Daughter of Sylvia Cers ... Has one sister, Sandra ... Majoring in accounting ... Post-college ambition is to become a CPA and a CA and live in New York City ... Chose U of L because she felt like she fit in ... Best thing about U of L rowing is the amazing people she gets to work with every day ... Believes the best thing about the city of Louisville is Kentucky Derby Week ... Says her best races were the finals of the 2006 NCAA South/Central Region Sprints and the 2005 Head of the Charles Regatta.



◆ **Mandey Erdman**
JR • Louisville, Ky.
Sacred Heart Academy

2006-07: Spent most of the spring racing season as the coxswain in the Cards' 2nd Varsity 8+ boat ... Led the Cards' 2V8+ crew to a win at the BIG EAST Championships, a sixth-place finish in the Grand Final at the NCAA South/Central Region Sprints and a win over Stanford ... Also coxed the Cards' Varsity 4+ boat in the win over Minnesota to open the spring racing season.

2005-06: Spent her first collegiate rowing season as a coxswain for the Novice team ... Closed the season as the coxswain for the Novice 4+ boat which finished fourth at the BIG EAST Championships ... Led Lightweight Novice 4+ boat to a win in the "A" Final at the Southern Intercollegiate Rowing Association Championships ... Opened collegiate career as the coxswain for the Cards' 2nd Novice 8+ boat against Minnesota on March 12, 2006.

Prior to UofL: Four-year member of the rowing team at Sacred Heart Academy under the direction of coach Bob Hurley ... She rowed and was coxswain her first year at SHA, then was coxswain for her final three prep seasons ... Was president of the Environmental Science Club as a senior at Sacred Heart.

Personal: Born Amanda Nicole Erdman on Dec. 5, 1986 in Ft. Mitchell, Ky. ... Daughter of Debbie and Marty White ... Has one sibling, Sam White ... Majoring in communications at U of L ... Post-college ambition is to be a marketing leader ... Hobbies and outside interests include photography ... Chose the University of Louisville because it is near her wonderful parents ... Says the best thing about the city of Louisville is that it's so diverse and it's an excellent place for a college student to be ... Believes the best thing about U of L rowing are the people because the coaches and athletes are the biggest supporters you will ever have ... Favorite class is any communication class ... Says her best race was the 2nd Varsity 8+ win over Stanford at the 2007 Windermere Real Estate Rowing Classic.



◆ **Lisa Grace**
JR • Shepherdsville, Ky.
Presentation Academy

2006-07: Named CRCA National Scholar-Athlete ... Dean's Scholar ... Red & Black Scholar ... Was in the three-seat of the Cards' 2nd Varsity 4+ boat which won the Grand Final at the BIG EAST Championships ... Rowed in the one-seat of the Cards' Varsity 4+ boat which finished sixth in the Petite Final at the NCAA South/Central Region Sprints ... Rowed in the two-seat of the Varsity 4+ boat in wins over Tennessee and Minnesota.

2005-06: Named Co-Most Improved Novice Rower ... Closed out her first collegiate rowing season in the three-seat for the Cards' third-place finish in the Open 4+ race at the NCAA South/Central Region Sprints ... Rowed in the five-seat for the Cards' Novice 8+ crew at the BIG EAST Championships and the three-seat for U of L's Novice 8+ crew at the Southern Intercollegiate Rowing Association Championships ... Also rowed in the three-seat for the Cards' Novice 8+ crew against Wisconsin, Tennessee and Minnesota, and at the Head of the Elk ... Dean's Scholar with a 4.0 GPA ... Red & Black Scholar.

Prior to UofL: Was a strong prep athlete at Presentation Academy competing for four seasons in swimming and three seasons in track ... Earned the coach's award in swimming as a senior and the 110% award in swimming ... Earned first-place honors in the 4x800-meter relay as junior at the regionals.

Personal: Born Lisa Christine Grace on Aug. 5, 1987 in Louisville, Ky. ... Daughter of Jim and Susan Grace ... Has two siblings, Becky and Michael ... Majoring in nursing at U of L ... Post-college ambition is to be a nurse anesthetist ... Hobbies and outside interests include swimming ... Chose the University of Louisville because it's close to home and she was interested in rowing ... Says the best thing about the city of Louisville is that there's always something to do ... Believes the best thing about U of L rowing is being with her teammates and working hard together ... After graduation, she plans to work as a nurse and work towards being a nurse anesthetist.



◆ **Mallory Hamman**
JR • Clarksville, Ind.
Clarksville HS

2006-07: Voted Most Improved Varsity Rower by teammates ... Named CRCA National Scholar-Athlete ... Red & Black Scholar ... Spent the entire spring racing season in the seven-seat of the Cards' Varsity 8+ boat ... Was instrumental in U of L's V8+ win over No. 5 California, the Cards' win in the Petite Final at the NCAA South/Central Region Sprints and the runner-up finish in the Grand Final at the BIG EAST Championships ... Was also in the seven-seat for the

Cards' V8+ win over nationally ranked Minnesota.

2005-06: Named Co-Most Improved Novice Rower ... Finished her freshman season in the four-seat in the Open 4+ race at the NCAA South/Central Region Sprints ... Also rowed in the four-seat of the Novice 4+ boat at the BIG EAST Championships ... Rowed in the eight-seat for the Novice 8+ "A" Final at the Southern Intercollegiate Rowing Association Championships ... Rowed in the eight-seat of the Novice 8+ boat against Wisconsin and Tennessee, and in the two-seat of the Novice 8+ boat against Minnesota ... Was in the two-seat for the Cards' third-place finish in the Novice 8+ "A" race at the Head of the Elk ... Red & Black Scholar.

Prior to UofL: Lettered in four sports at Clarksville High School, including cross country (three years), track and field (two years), golf (one year) and tennis (one year) ... Named All Mid-Southern Conference in track and cross country ... Earned Most Improved Award in track and cross country.

Personal: Born Mallory Sarah Hamman on March 31, 1987 in Floyd, Ind. ... Daughter of Ted and Anna Hamman ... Has four siblings, Laine, Bailey, Madison and Cassy ... Majoring in physical education at U of L with a minor in health ... Hobbies and outside interests include cycling, running, camping and anything outdoors ... She chose the University of Louisville because it was close to home ... Says the best thing about the city of Louisville are all of the Kentucky Derby activities ... Believes the best thing about U of L rowing is the wonderful team, being able to travel to so many great places and all of the hard work ... Favorite class is any health class ... After graduation she plans to teach physical education while spending every weekend and summer outdoors.



◆ **Sha'Lori Moore**
JR • Louisville, Ky.
Mercy Academy

2006-07: Rowed in the five-seat of the Cards' 2nd Varsity 8+ boat during the final three events of the spring ... Key component to the U of L's 2V8+ win at the BIG EAST Championships ... Also in the five-seat of the Cards' 2V8+ win over Stanford and the sixth-place finish in the Grand Final at the NCAA South/Central Region Sprints ... Opened the spring in the four-seat of the Cards' Varsity 8+ boat in the win over nationally ranked Minnesota.

2005-06: Spent most of her freshman season in the three-seat of the Cards' 2nd Varsity 8+ boat which finished first in the "A" Final at the Southern Intercollegiate Rowing Association Championships ... Her crew finished second at the BIG EAST Championships and third in the "B" Final at the NCAA South/Central Region Sprints ... Was in the three-seat for the 2nd Varsity 8+ crew's win over Minnesota and the second-place finish in the "C" race at the Head of the Elk ... She also rowed against California, Wisconsin and Tennessee.

Prior to UofL: Lettered in three sports at Mercy Academy including basketball (four years), softball (two years) and volleyball (one year) ... She played center and forward for her basketball team, second base in softball and middle hitter/blocker in volleyball ... Was named MVP at the KPP Classic ... Earned All-Tournament honors at the LIT ... Also named to All-District Tournament Team.

Personal: Born Sha'Lori Lynn Moore on Nov. 4, 1986 in East Point, Ga. ... Daughter of Lori and Edward Moore, Sr. ... Has one brother, Edward ... Majoring in exercise science at U of L ... Post-college ambition is to pursue a career in nursing with a concentration in public health ... Hobbies and outside interests include dancing, reading a good book, watching movies and hanging with friends ... She chose the University of Louisville because of the competitive atmosphere, the closeness to home, the diverse population and because she earned an academic scholarship ... Says the best thing about the city of Louisville is the commitment to U of L Athletics and the variety of things to do ... Believes the best thing about U of L rowing are the friendships she's made, the traveling opportunities and the competitive spirit ... Says her best race was in the finals of the 2007 BIG EAST Championships.



◆ **Allison Pelette**
JR • Welland, Ont.
Notre Dame College

Team Captain for 2007-08

2006-07: Named CRCA National Scholar-Athlete ... Red & Black Scholar ... Closed the spring in the one-seat of the Cards' Varsity 8+ boat, which knocked off No. 5 Cal, finished first in the Petite Final at the NCAA South/Central Region Sprints and finished second in the Grand Final at the BIG EAST Championships ... Also rowed in the Cards' 2nd Varsity 8+ boat in the

spring in races against Tennessee and Minnesota.

2005-06: Finished her freshman season in the three-seat of the Cards' Varsity 8+ boat which finished second in the "B" Final at the NCAA South/Central Region Sprints ... Rowed in the seven-seat of the Varsity 8+ boat which finished second at the BIG EAST Championships and first at the Southern Intercollegiate Rowing Association Championships ... Rowed in the two-seat for the Cards' Varsity 8+ win over Minnesota ... Also rowed in the two-seat of the Varsity 8+ boat against California, Wisconsin and Tennessee ... Rowed in the one-seat for U of L's first-place finish in the Open 8+ "A" race at the Head of the Elk ... Rowed in the eight-seat for the Cards' first-place finish in the Open 8+ race at the Head of the Licking ... Red & Black Scholar.

Prior to UofL: Four-year member of the Notre Dame College rowing team and a member of the South Niagara Rowing Club under the direction of coach Tom Blacquiere ... Won the silver medal in the 63kg pair at the Canadian Schoolboy in 2003 and the silver medal in the senior pairs at the 2004 Canadian Schoolboy ... Finished third in the junior women's fours at the 2004 Royal Canadian Henley ... Named Senior Oarswoman of the Year in 2004 at NDC ... Named Junior A Oarswoman of the Year for the South Niagara Rowing Club in 2004 ... Named rowing MVP at Notre Dame in 2003.

Personal: Born Allison Marie Pelette on April 22, 1986 in Welland, Ont. ... Daughter of Phyllis and Dave Pellette ... Has two sisters, Tara and Julie ... Majoring in health and human performance with a concentration in exercise science ... Post-college ambition is to be an athletic trainer ... Hobbies and outside interests include sports and playing the guitar ... Chose U of L because of the team, coaches and the great academic support ... Believes the best thing about U of L rowing is the team and the coaches ... Says the best thing about the city of Louisville are Thunder and the Derby Festival.



◆ **Jill Reeves**
JR • Louisville, Ky.
Assumption HS

2006-07: Red & Black Scholar ... Closed the season in the two-seat of the Cards' 2nd Varsity 4+ boat which finished fourth in the Open 4+ Grand Final at the NCAA South/Central Region Sprints ... Rowed in the two-seat of U of L's Varsity 4+ boat which finished fourth in the Grand Final at the BIG EAST Championships ... Was in the one-seat of the Cards' Varsity 4+ boat in wins over Minnesota and Tennessee ... Also rowed in the one-seat of the Varsity

4+ boat at the Windermere Real Estate Rowing Classic against California, Stanford and Washington.

2005-06: Closed the season in the two-seat of the Novice 8+ boat which finished fourth at the BIG EAST Championships ... Rowed in the four-seat of the Novice 8+ boat against Wisconsin and Tennessee ... Rowed in the six-seat Novice 8+ boat against Minnesota ... Red & Black Scholar.

Prior to UofL: Four-year member of the Louisville Rowing Club and Assumption HS rowing team ... Earned a first-place finish in the 2- at 2005 Indy Regatta ... Placed second in the 2- at the 2005 Midwest Junior Championship ... Also competed for four years in cross country and swimming.

Personal: Born Jillian Renee Reeves on Nov. 27, 1986 in Louisville, Ky. ... Daughter of Pat and Jeff Reeves ... Has two siblings, Chelsea and Morgan ... Majoring in nursing at U of L with a minor in Spanish ... Post-college ambition is to do service, travel, have a great job and big family ... Hobbies and outside interests include running, taking pictures, making people laugh and working and coaching kids ... She chose the University of Louisville because it's a great sports city and U of L has a great rowing team with talented coaches ... Says the best thing about the city of Louisville is the love of U of L athletics and that there's always something to do ... Believes the best thing about U of L rowing is that the love for rowing is seen through the coaches and athletes, and everyone is so driven ... Favorite classes are Spanish and psychology.



VARSITY ROWERS



◆ **Jessica Smith**
JR • Crestwood, Ky.
Oldham County HS

2006-07: Red & Black Scholar ... Spent most of the spring racing season as the coxswain for the Cards' Varsity 4+ boat ... Led U of L's V4+ crew to a fourth-place finish in the Grand Final at the BIG EAST Championships and sixth place overall in the Petite Final at the NCAA South/Central Region Sprints ... Also led the Cards to a V4+ win over Tennessee ... Opened the spring as the coxswain in U of L's 2nd Varsity 8+ boat against Minnesota.

2005-06: Opened her collegiate rowing career as a coxswain for the Cards' Novice team ... Closed the season as the coxswain for U of L's third-place finish in the Open 4+ "B" Final at the NCAA South/Central Region Sprints ... Was the coxswain for the Cards' Novice 8+ boat at the BIG EAST Championships and the Southern Intercollegiate Rowing Association Championships, and in races against Wisconsin, Tennessee and Minnesota ... Made first-ever collegiate racing appearance as the coxswain for the Cards in the Novice 8+ "C" race at the Head of the Elk Regatta ... Red & Black Scholar.

Prior to UofL: Participated in swimming, cheerleading, track & field and Tae Kwon Do ... Did not participate in rowing prior to joining the novice team last season.

Personal: Born Jessica Rose Smith on Sept. 28, 1987 ... Daughter of Kris and Paul Smith ... She has one brother, Chris ... Majoring in exercise science ... Post-college ambition is to become a stunt person in action films ... Hobbies and outside interests include Tae Kwon Do, kickboxing, surfing and snowboarding ... She chose the University of Louisville because she wanted to stay close to home with her family and friends ... Says the best thing about the city of Louisville is the friendly atmosphere ... Believes the best thing about Cardinal rowing are her teammates and the desire to win that keeps the team strong ... After graduation, she plans to become a stuntwoman in action films ... Says her best race was the Cards' Novice 8+ win over Tennessee ... If she could tell her incoming teammates one thing, it would be that it's hard work but great fun and it makes college worth it.



◆ **Liz Van Zeyl**
JR • Fonthill, Ont.
E.L. Crossley SS

2006-07: Named CRCA National Scholar-Athlete ... Red & Black Scholar ... Rowed in the four-seat of the Cards' Varsity 8+ boat for the final three events of the season ... Instrumental in the Cards' V8+ win over No. 5 ranked and reigning national champion California ... Also rowed in the V8+ boat which won the Petite Final at the NCAA South/Central Region Sprints and finished second in the Grand Final at the BIG EAST Championships ... Opened the spring in the Cards' 2nd Varsity 8+ boat in races against Minnesota and Tennessee.

2005-06: Named Most Improved Varsity Rower ... Completed a successful freshman campaign in the six-seat of the Cards' Varsity 8+ boat which finished second in the "B" Final at the NCAA South/Central Region Sprints ... Rowed in the four-seat of the Varsity 8+ boat which won the "A" Final at the Southern Intercollegiate Rowing Association Championships ... Rowed in the one-seat of the Varsity 8+ boat against California, Wisconsin and Tennessee ... Rowed in the three-seat of the Varsity 8+ boat in the Cards' win over Minnesota ... Was in the seven-seat for the Open 8+ "B" race and the Open 4+ "A" race at the Head of the Elk ... Also rowed in the five-seat in the Open 8+ "B" race at the Head of the Licking Regatta ... Red & Black Scholar.

Prior to UofL: Five-year member of the South Niagara Rowing Club ... Captain as a senior of E.L. Crossley rowing team ... Won gold medal at 2003 Schoolboy in quad ... Won silver medal in the doubles at the 2004 Schoolboy ... Earned bronze medal in the quad at the 2005 Schoolboy ... Won silver medal in the doubles at the 2005 Statesbury ... Also lettered in basketball, volleyball and badminton at E.L. Crossley.

Personal: Born Elizabeth Maria Van Zeyl on Oct. 3, 1986 in Fonthill, Ont. ... Daughter of Betty and Casey Van Zeyl ... Has three siblings, Chris, Adrian and Janine ... Majoring in exercise science at U of L with a minor in public health ... Hobbies and outside interests include reading, playing Guitar Hero and hanging out with friends ... Chose the University of Louisville because of the energy of the team and the friendly people ... Says the best thing about the city of Louisville are the parks, Thunder and all of the wonderful people ... Believes the best thing about U of L rowing is how passionate her teammates and coaches are about the sport and that everyone strives to be the best.



◆ **Anna Zwanzig**
JR • Louisville, Ky.
Home School

2006-07: Red & Black Scholar ... Closed the spring in the one-seat of the Cards' 2nd Varsity 4+ boat which finished fourth in the Open 4+ Grand Final at the NCAA South/Central Region Sprints ... Was in the one-seat of Louisville's Varsity 4+ boat which finished fourth overall in the Grand Final at the BIG EAST Championships ... Opened the spring in the four-seat of the 2nd Varsity 4+ boat against Minnesota.

2005-06: Finished her freshman season in the three-seat of the Novice 4+ boat which finished fourth at the BIG EAST Championships ... Rowed in the three-seat for the Cards' first-place finish in the Lightweight Novice 4+ "A" Final at the Southern Intercollegiate Rowing Association Championships ... Was in the six-seat of the 2nd Novice 8+ boat against Wisconsin on April 8 ... Rowed in the eight-seat of the 2nd Novice 8+ boat against Tennessee ... Was in the five-seat of the 2nd Novice 8+ boat against Minnesota and for the Cards in the Novice 8+ "C" race at the Head of the Elk.

Prior to UofL: Did not participate in rowing prior to joining the Louisville novice program in 2005-06.

Personal: Born Anna Marie Zwanzig on Feb. 18, 1987 in Louisville, Ky. ... Daughter of Evelyn and Darrell Zwanzig ... Has two siblings, Stephen and Rebekah ... Majoring in art at U of L ... Post-college ambition is to return to school and earn a master's degree ... Hobbies and outside interests include photography and cycling ... Chose the University of Louisville because it was close to home and the perfect size ... Says the best thing about the city of Louisville is the number of great places to hang out ... Believes the best thing about U of L rowing are her teammates and being able to compete against the best ... Favorite class so far has been Theories of Visual Art.



◆ **Danielle Christiansen**
SO • Taylor Mill, Ky.
Scott HS

2006-07: Opened collegiate rowing career on the Cardinals' novice team and gained valuable experience to earn a position on the Cards' varsity roster for 2007-08.

Prior to UofL: Lettered in four sports at Scott High School, including four years each in basketball and soccer and two years each in cross country and softball ... Displayed excellent athleticism as a midfielder

in soccer, a point guard in basketball and a catcher in softball.

Personal: Born Danielle Linda Christiansen on June 23, 1988 in San Diego, Calif. ... Daughter of Harold and Christine Christiansen ... Has one sister, Nicole ... Majoring in business at U of L ... Hobbies and outside interests include surfing, camping and watching movies ... Chose the University of Louisville because it has a great School of Business and its known for athletics ... Believes the best thing about U of L rowing is being part of such a great program ... Favorite class is College Algebra ... After graduation, she plans to find a career in a major company ... Says her best race was at the 2007 BIG EAST Championships ... If she could tell her incoming teammates one thing, it would be to enjoy every minute of being on the team because the season flies by so quickly.



◆ **Meghan Dawson**
SO • Linthicum Heights, Md.
Institute of Notre Dame

2006-07: Red & Black Scholar ... Opened collegiate rowing career on the Cardinals' novice team and gained valuable experience to earn a position on the Cards' varsity roster for 2007-08.

Prior to UofL: Three-year member of the rowing team at the Institute of Notre Dame competing under the direction of head coach Amy Connelly ... Also lettered in volleyball for four years and swimming for three

years ... Was middle hitter for Notre Dame and was member of their 2004 regular season and tournament titles ... A member of the school's 2005-06 regular season champions in swimming.

Personal: Born Meghan Marie Dawson on Jan. 9., 1988 in Baltimore, Md. ... Daughter of Richard and Lori Dawson ... Has one brother, Matthew ... Majoring in biology at U of L ... Post-college ambition is to attend medical school to become an orthopedic surgeon ... Hobbies and outside interests include hanging out with friends, reading, being with family and teaching swimming lessons ... Chose the University of Louisville because it is a school to be reckoned with and she would put it against the Harvard's and Duke's of the world ... Believes the best thing about the city of Louisville is how it resembles her hometown of Baltimore, Md., which comforts her ... Says the best thing about U of L rowing is no matter how competitive the team is amongst other schools and the athletes amongst one another, they never fail to make each other laugh and smile ... Favorite class is any type of biology class ... After graduation, she plans to attend medical school ... Says her best race was St. Andrew's in Delaware High School Varsity 4+.



◆ **Ashley Edwardson**
SO • St. Catharines, Ont.
Governor Simcoe SS

2006-07: Red & Black Scholar ... Spent first collegiate rowing season as a coxswain for the Cardinals' Varsity 8+ crew and was instrumental in one of the program's best seasons ever ... Led the Cards to Varsity 8+ win over No. 5 ranked and 2006 NCAA champion California ... Cards also earned a win in the V8+ Petite Final at the NCAA South/Central Region Sprints and second place in the Grand Final at the BIG EAST Championships ... Under her guidance, the

Cards opened the spring with a Varsity 8+ win over nationally ranked Minnesota.

Prior to UofL: Competed for the St. Catharine's Rowing Club under the direction of coaches Tim Tope and Tim Dumont ... As a coxswain, she led her crews to several strong finishes in 2006 including a gold medal finish in the senior men's 4+ event at the CSSRA Championships and a bronze medal finish in the senior men's 4+ event at the Stotesbury Cup Regatta ... In 2005, she led her crew to a second-place finish in the junior "A" men's 4+ event at the Royal Canadian Henley, a gold medal in the junior "A" men's 4+ race at the RowOntario Championships, a silver medal in the senior men's 66kg 4+ event and a bronze medal finish in the senior men's 4+ race at the CSSRA Championships and a silver medal in the senior men's 4+ event at the Stotesbury Cup Regatta.

Personal: Born Ashley Vivian Edwardson on Sept. 12, 1988 in Halifax, Nova Scotia ... Daughter of Greg and Linda Edwardson ... Has one sibling, Marnie ... Majoring in fine art with a minor in art history ... Post-college ambition is to be a famous artist ... Hobbies and outside interests include art, design, architecture and travel ... She chose the University of Louisville because of the people she's surrounded by every day. They make her a better person ... Says the best thing about the city of Louisville is the support of the U of L athletic programs ... Believes the best thing about U of L rowing is being part of a team which continues to grow and gain respect annually while maintaining its humility ... Favorite class is Art History.



◆ **Kimberly Feinberg**
SO • Russell, Ky.
Russell Independent HS

2006-07: Red & Black Scholar ... Opened collegiate rowing career on Louisville's novice team and gained enough valuable experience to earn a position on the Cards' varsity roster for 2007-08.

Prior to UofL: Attended Russell Independent High School and graduated in 2005.

Personal: Born Kimberly Ann Feinberg on Feb. 18, 1988 in Stratford, N.J. ... Daughter of Gail and Howard Feinberg ... Has one sister, Cheryl ... Majoring in biology at U of L ... Post-college ambition is to be a pediatrician ... Hobbies and outside interests include making and selling glass bead jewelry ... Chose the University of Louisville because of the opportunities that are offered ... Believes the best thing about the city of Louisville is open mindedness of the people ... Says the best thing about U of L rowing is the closeness of the team ... Favorite classes include psychology and cellular and molecular biology ... After graduation, she plans to become a pediatrician ... Says her best race came at the 2007 BIG EAST Championships ... If she could tell her incoming teammates something, it would be: don't take any second of practice for granted and your teammates will become your family.

... If she could tell her incoming teammates something, it would be: don't take any second of practice for granted and your teammates will become your family.



◆ **Ruthie Fligor**
SO • Richmond, Ky.
Model Laboratory School

2006-07: Red & Black Scholar ... Started collegiate rowing career on the Cardinals' novice team and gained valuable experience to earn a position on the Cards' varsity roster for 2007-08.

Prior to UofL: Lettered in four sports at Model Laboratory High School including soccer and diving for three years each, track for two years and cross country one year ... Was the team captain for her diving team.

Personal: Born on Feb. 4, 1987 in Lexington, Ky. ... Daughter of Annie Homan and David Fligor ... Has one brother, Caleb ... Majoring in bio-engineering at U of L with a minor in chemistry ... Chose the University of Louisville because of its bio-engineering program ... Believes the best thing about the city of Louisville is the amount of support from the city for U of L athletics ... Favorite classes include engineering calculus (100, 101, 102 & 201) because the professor is great! ... Says her best race was in the Novice 8+ Finals at the 2007 BIG EAST Championships.



VARSITY ROWERS



◆ **Andi Pigneri**
SO • Louisville, Ky.
Purdue/Sacred Heart Acad.

2006-07: In first collegiate rowing season, she competed on the Cardinals' novice team and gained valuable experience to earn a position on the Cards' varsity roster for 2007-08.

Prior to UofL: Transferred to Louisville from Purdue University ... Lettered in four sports at Sacred Heart Academy in Louisville, including softball for four years, basketball for two years and field hockey for

one year ... Also competed in ice hockey ... In softball, earned regional all-tournament team honors and Bulldog Bash Gold Division MVP honors ... Also earned all-district honors ... Earned Heart Award in basketball ... Member of A/B Honor Roll all four years at Sacred Heart.

Personal: Born Andrea Pigneri on May 3, 1986 ... Daughter of Rocco and Ann Pigneri ... Has four siblings: Rocco, Pam, Scott and Stephanie ... Majoring in marketing at U of L ... Post-college ambition is to go where ever life leads her ... Hobbies and outside interests include art and animals ... Chose the University of Louisville because she loves that the people are awesome and that it's in the middle of the city ... Believes the best thing about the city of Louisville are the people ... Says the best thing about U of L rowing is the team ... Favorite class is Marketing 341 ... After graduation, she plans to work in advertising ... Says her best race came at the 2007 BIG EAST Championships ... If she could tell her incoming teammates one thing, it would be that rowing makes you a better person as well.



◆ **Anastasia Prokopenko**
SO • Pskov, Russia
Pskov Lyceum for Humanities

2006-07: Red & Black Scholar ... Spent the entire spring racing season in the five-seat of the Cards' Varsity 8+ boat as a true freshman ... Was a key newcomer for the Cards' Varsity 8+ successes, including the win over No. 5 and 2006 NCAA champion California, the first-place finish in the Petite Final at the NCAA South/Central Region Sprints and the runner-up finish in the Grand Final at the BIG EAST Championships ... Opened the spring in the five-seat of the Cards' Varsity 8+ boat for the win over nationally ranked Minnesota.

Prior to UofL: She finished first in the U-18 2- and 2x events at the 2005 Russian Games and was second in Russia's U-18 national championship in the 2- event in 2005 ... In 2004, she was second in the U-16 4x event at the Russian national championships, and was third in the 4+ event at the 2003 national championships.

Personal: Born on Aug. 28, 1989 in Pskov, Russia ... Daughter of Valerij Prokopenko and Nima Ivanova ... Has one sibling, Ekaterina ... Majoring in exercise science ... Hobbies and outside interests include reading, listening to music, dancing and hanging out with friends ... Chose the University of Louisville because of the opportunity to achieve new goals, athletically and academically ... Says the best thing about the city of Louisville are the friendly people, the relaxing atmosphere and there's a lot of places to have fun ... Believes the best thing about U of L rowing is the strong bonding within the team, the love and passion for the sport and the coaching staff is always there for the athletes ... Favorite class is physiology ... After graduation, she plans to attend graduate school or find a job ... Says her best race was the Cards' Varsity 8+ win over No. 5 ranked California.



◆ **Kate Rickers**
SO • St. Catharines, Ont.
Ridley College

2006-07: Red & Black Scholar ... Spent most of her first collegiate spring racing season in the one-seat of the Cards' 2nd Varsity 8+ boat ... Key component in Louisville's first-place finish in the 2V8+ Grand Final at the BIG EAST Championships ... Also contributed to the Cards' sixth-place finish in the 2V8+ Grand Final at the NCAA South/Central Region Sprints and the win over Stanford ... Started the spring in the three-seat of the Cards' Varsity 4+ boat in the

win over Minnesota.

Prior to UofL: Earned three years of rowing experience with the St. Catharines Rowing Club, the Ridley Boat Club and Ridley College ... She earned gold medals in the youth eights and youth fours events at the 2005 Head of the Ohio, a gold medal in the women's U17 Double at the 2004 Ontario Summer Games, and a third-place finish in the junior "B" women's quads at the 2004 Royal Canadian Henley Regatta ... While competing for the Canadian Junior National Development Team in 2005, she won silver in the eights event and bronze in the doubles event at the CanAmMex Camp in Oak Ridge, Tenn. ... As a prep rower at Ridley, she won gold in the senior quads at both the 2006 and 2005 Canadian High School Rowing Championships, and silver in the junior 4+ race in 2004.

Personal: Born Katelyn Elizabeth Ruth Rickers on Jan. 15, 1988 in Hamilton, Ontario ... Daughter of Don and Karen Rickers ... Majoring in exercise science with a minor in Spanish ... Post-college ambition is to attend graduate school and chiropractic school, to travel and to eventually start a family ... Hobbies and outside interests include camping, guitar, piano, hanging with friends and facebook ... Chose the University of Louisville because she was inspired and motivated by all of the hard work and love each girl had for this team and she wanted to be part of it ... Says the best thing about the city of Louisville is the support for every sports team and the people are amazing ... Believes the best thing about U of L rowing is walking into lockerroom at the crack of dawn every morning to see 30 of her best friends and teammates with smiles on their faces who are ready to work their hardest ... Says her best race came at the 2007 BIG EAST Championships.



◆ **Katie Rorer**
SO • Paducah, Ky.
Lone Oak HS

2006-07: Named U of L's Novice Oars Woman of the Year ... Red & Black Scholar ... Opened collegiate rowing career on the Cardinals' novice team and gained enough valuable experience to earn a position on the Cards' varsity roster by the end of the season ... Rowed in the two-seat of Louisville's Varsity 4+ boat which earned a sixth-place finish in the Petite Final at the NCAA South/Central Region Sprints.

Prior to UofL: Lettered in three sports at Lone Oak High School, including four years in tennis, three years in basketball and one year in soccer ... Played guard for the basketball team and was a midfielder in soccer.

Personal: Born Katherine Elaine Rorer on March 26, 1988 in Paducah, Ky. ... Daughter of Gina Fraser and Denny Rorer ... Has one sibling, Carly ... Majoring in biology at U of L ... Post-college ambition is to be a surgeon ... Hobbies and outside interests include spending time outdoors ... Chose the University of Louisville because of the great opportunities and diverse student population ... Says the best thing about the city of Louisville are all of the great places to eat ... Believes the best thing about U of L rowing is being able to be in a boat full of her best friends ... Favorite class is organic chemistry ... After graduation, she plans to travel ... Says her best race came in the Cards' victory over Tennessee ... If she could tell her incoming teammates one thing, it would be to set your goals high and push yourself everyday.





◆ **Katie Scordo**
SO • Lexington, Ky.
Lexington Catholic HS

2006-07: Opened collegiate rowing career on the Cardinals' novice team and gained valuable experience to earn a position on the Cards' varsity roster for 2007-08.

Prior to UofL: Lettered in four sports at Lexington Catholic High School, including four years in track and field, three years in golf, two years in basketball and one year in swimming ... Was a post player for

two seasons for Lexington Catholic.

Personal: Born Katherine Scordo on March 20, 1988 in Silver Spring, Md. ... Daughter of Cari and Dom Scordo ... Majoring in business management at U of L ... Post-college ambition is become a personal trainer and eventually own her own gym ... Hobbies and outside interests include movies, music and Guitar Hero ... Chose the University of Louisville because it was the perfect college for her and her house isn't too far away ... Says the best thing about the city of Louisville are the people who live there ... Believes the best thing about U of L rowing is having a family away from home ... Favorite class is HUM 216 - World Religions ... After graduation, she plans to be a personal trainer ... Says her best race was the Novice 8+ victory over Tennessee in 2007 ... If she could tell her incoming teammates one thing, it would be to work hard, but make sure to have fun.



◆ **Samantha Seldon**
SO • Louisville, Ky.
Ballard HS

2006-07: Voted Most Improved Novice Rower by teammates ... Dean's Scholar ... Red & Black Scholar ... Began collegiate rowing career on the Cardinals' novice squad and gained enough experience to earn a position on the Cards' varsity roster by the end of the season ... Rowed in the three-seat of U of L's 2nd Varsity 4+ boat which advanced to the Open 4+ Grand Final at the NCAA South/Central Region Sprints earning a fourth-place finish overall ... Was a member of the Cards' Novice 8+ crew which defeated Tennessee.

Prior to UofL: Was a member of the Ballard High School dance team for three years ... 2006 graduate of Ballard High School.

Personal: Born Samantha Lyne Dale Seldon on June 11, 1988 in Toronto, Ont., Canada ... Daughter of Shane and Lyne Seldon ... Has four siblings, including Amy, Kaley, William and Megan ... Majoring in biology at U of L with a minor in English ... Post-college ambition is to have great friends and be a good person ... Hobbies and outside interests include going to concerts and reading ... Chose the University of Louisville because of the unique opportunities offered ... Says the best thing about the city of Louisville is Waterfront Park ... Believes the best thing about U of L rowing is all of her fantastic and supportive teammates and the coaches ... Favorite class is POLS 329: International Law ... After graduation, she plans to continue her education ... Says the Novice 8+ win over Tennessee in 2007 was her best race ... If she could tell her incoming teammates one thing, it would be that life isn't a 2K, it's a head race so be slow up the slide.



◆ **Kelly Traynor**
SO • Hamilton, Ont.
Westdale SS

2006-07: Red & Black Scholar ... Closed her first collegiate racing season in the four-seat of the Cards' 2nd Varsity 8+ boat ... With her contribution, the Cards' 2V8+ crew earned the program's first BIG EAST title in a Grand Final, as well as a sixth-place finish in the Grand Final at the NCAA South/Central Region Sprints and a win over Stanford at the Windermere Real Estate Rowing Classic ... Opened the spring racing season in the three-seat of the Cards'

Varsity 8+ boat, including U of L's win over nationally ranked Minnesota.

Prior to UofL: Earned four years of rowing experience at Westdale and with the Leander Boat Club ... While competing for Westdale, she finished fourth in the junior women's "A" singles race at the 2006 Canadian High School Championships, third in the junior heavyweight women's double at the 2005 Canadian High School Championships, and was named Westdale Female Rower of the Year in 2005-06 and 2003-04 ... While competing for the Leander Boat Club, she was first in the junior "A" women's heavy single at the 2005 RowOntario Championships and third in the junior "A" women's heavy double at 2005 the Royal Canadian Henley Regatta ... In 2004, she finished first in the junior heavyweight event at the Ontario Indoor Rowing Championships, was first in the high school women's doubles at the Head of the Ohio, first in the junior "A" women's heavy quads at the Ontario Summer Games, second in the junior "B" women's heavy singles at the Royal Canadian Henley Regatta, and was named 2004 Leander Boat Club Rookie of the Year.

Personal: Born Kelly Anne Wood Traynor on May 22, 1988 in Regina, Saskatchewan ... Daughter of Heather Wood and Dave Traynor ... Has two siblings, Cory and Jaime ... Majoring in sport administration with a minor in exercise science ... Post-college ambition is to have a job that has an impact on the lives of people ... Hobbies and outside interests include reading, crafts and biking ... Chose the University of Louisville because the desire to improve and excel was infectious and because she's surrounded by amazing people ... Says the best thing about the city of Louisville is the complete dedication to U of L athletics ... Believes the best thing about U of L rowing are her unbelievable teammates ... Favorites classes are French and piano ... After graduation, she plans to travel the world and drive.

◆ **2007-08 U of L Rowing Generosity List**

- Gary Smith
- Fred Meijer of Meijer Inc.
- Stan Curtis
- Bob Leidgen of Alpha Leasing
- Marylyn Foulke
- Bob Diehl
- Cardinal Dames
- Central Cardinal Club
- Jim & Nancy Leese
- Joe York & the L-Club
- Hamilton Printing
- Doug Hampton
- Louisville Rowing Club
- Bob Hurley
- Parents of Louisville Rowing
- Derby Festival Inc.
- Dixie Florists
- Famous Dave's BBQ
- Frisch's
- Gordon & Joni Gahm
- Dr. Shirley & Gregory Willihnganz
- Conrad & Patsy Klein
- Mary & Stephen McNeill
- Dr. William Meehan
- Dr. Teodoro Bordador



◆ The U of L rowing truck was donated by Bob Leidgen of Alpha Leasing.



VARSITY ROWERS



◆ **Kristin Falovo**
FR • Thorold, Ont.
Denis Moore Catholic HS

Prior to UofL: Rowed for Denis Moore Catholic High School and St. Catharine's Club ... 2007 rowing honors include bronze medal in Senior Women's 8+ at the American Schoolboy, silver medal in the Senior Women's 8+ at the Canadian Schoolboy, gold medal in the Junior A 8+, silver medal in the Junior A 2- and bronze medal in the Junior A 4+ at the Ontario Championships, first-place finishes in the Junior Women's 8+ and 4+ and a fourth-place

finish in the Junior Women's 2- at the Canadian Henley ... 2006 rowing honors include first place finish in the Junior A 8+ race at the Canadian Henley, American Schoolboy champion in the Junior Heavy 4+, and silver medals in the Junior Heavy 4+ at the Stotesbury Cup, the Senior Heavy 4+ at the Canadian Schoolboy and Junior A 4+ at the Ontario Championships ... 2005 rowing finishes include Canadian Schoolboy champion in the Junior 63kg 4+, silver medal in the 2nd Women's 4+ at the American Schoolboy, third in the Junior B Heavy 8+ at the Canadian Henley, silver medal at the Canadian Indoor Rowing Championships and second place at the Ontario Indoor Rowing Championships.

Personal: Born on Jan. 3, 1989 in St. Catharines, Ont. ... Daughter of Jodi and Ralph Falovo ... Has one brother, Matthew ... Undecided on a major at U of L ... Post-college ambition is to compete in the Olympics ... Hobbies and outside interests include hiking and camping ... Chose the University of Louisville because of the people ... Believes the best things about the city of Louisville are Lynn's Paradise Cafe and football ... Says the best thing about U of L rowing is that the team is always building and getting closer to their goals ... Favorite class is Healthy Lifestyles ... After graduation, she plans to go to the Olympics and get a good job ... Says her best race was the Jr. W4+ at the Canadian Henley in 2007 or the 2005 Schoolboy ... If she could tell her new teammates one thing, it would be to do what you enjoy because nothing beats doing what you love every day.



◆ **Sarah Fiske**
FR • Barrington, R.I.
St. Andrews HS

Prior to UofL: Rowed for three years for the Narragansett Boat Club under the direction of coaches Peter Wilhelm and Albin Moser ... Also rowed for St. Andrew's High School ... Earned second-place finish at the Head of the Charles in the Youth 2x ... Finished first overall in the 2x race at the Junior Nationals ... Finished fourth in the 1x at the Canadian Henley ... Earned third in the Junior 4x, fourth in the Junior 1x and fifth in the Junior 2x at the Canadian Henley.

Personal: Born Sarah Alene Fiske on June 8, 1989 in Providence, R.I. ... Daughter of Cindy and Jerry Fiske ... Has two siblings, Aaron and Noah ... Majoring in exercise science at U of L ... Post-college ambition is to travel, coach rowing and attend graduate school ... Hobbies and outside interests include anything outside, hiking, animals and family ... Chose the University of Louisville because of the great team and academic variety ... Says the best thing about the city of Louisville are the nice people ... Believes the best thing about U of L rowing is the team because everyone works together so well and has great dedication ... Favorite class is math ... After graduation, she plans to coach rowing ... Says her best race was the Head of the Fish in 2005 in the HS 2x, her first race ... If she could tell her new teammates one thing, it would be to get excited!



◆ **Sam Kayser**
FR • Ottawa, Ont.
Canterbury HS

Prior to UofL: Rowed for Canterbury High School under the direction of coaches Mike Wallace, Cliff Brimmell and Lubo Kisiov ... Rowed for four years for the Ottawa Rowing Club under the direction of Brimmell and Kisiov ... 2007 rowing honors included first place in the Senior Women's 4+ at the CSSRA Championships, third in the Junior Speed Orders, first in the Junior Women's 2- at the Canadian Henley, second in the Junior Women's 4+ at the Canadian

Henley ... 2006 rowing honors included fifth in the CSSRA Senior Women's 4+ event, first in the Junior Women's 4+ at the Canadian Henley, second in the Junior Women's 8+ at the Canadian Henley, fifth in the Junior Women's 2- at the Canadian Henley, first in the Junior Women's 4+ and second in the Junior Women's 2- at the Ontario Championships and a member of the Ottawa Rowing Club's Junior Women's Crew of the Year ... Also lettered one year in water polo at Canterbury ... Team finished second at the city championships.

Personal: Born on Sept. 23, 1989 in Ottawa, Ont., Canada ... Daughter of Sue and Ian Kayser ... Has one sister, Sasha ... Majoring in biology at U of L ... Post-college ambition is to study mangoes in Hawaii ... Hobbies and outside interests include opera singing, drawing, classic literature and swimming ... Chose the University of Louisville because everyone is happy and friendly and because of the awesome Canadian rowing team ... Says the best thing about the city of Louisville is Lynn's Paradise Cafe, Six Flags and the heat ... Believes the best thing about U of L rowing is that there's still so much potential and that these women and these coaches have not peaked yet ... Favorite class is World Literature up to the 1700's ... If she could tell her new teammates one thing, it would be that we're going somewhere big soon, so can you help us get there?



◆ **Kira Lawson**
FR • London, Ont.
Saunders HS

Prior to UofL: Competed for three years for the London Rowing Club ... Also rowed for St. Thomas Aquinas High School and Saunders High School ... Named the London Rowing Club's Crew of the Year in 2006 as a member of the Junior Women's Quad ... Won gold medal in Junior Women's Quad at 2006 RowOntario Championships ... Finished fifth in the Junior Women's Quad at the 2006 Canadian Henley ... Fourth place finish in Senior Women's Double and

Senior Women's Quad at 2007 Canadian Schoolboy ... Also lettered in track and cross country three years each ... Competed in the 100m and 200m in track.

Personal: Born on April 13, 1988 in London, Ont., Canada ... Daughter of Vida and Ian Lawson ... Has one brother, Matthew, and one sister, Hannah ... Majoring in psychology at U of L ... Post-college ambition is to get a job so that she can travel ... Hobbies and outside interests include reading and playing the piano ... Chose the University of Louisville because it is a very friendly and inviting atmosphere ... Says the best thing about city of Louisville is Waterfront Park and Lynn's Paradise Cafe ... Believes the best thing about U of L rowing is the encouragement and support of teammates ... Favorite class is English ... After graduation, she plans to travel ... Says her best race in the Junior Women's Quad at the 2006 RowOntario Championships ... If she could tell her new teammates one thing, it would be to work hard towards your goals and never give up on them.



NOVICE ROWERS



Erika Aemmer
SO • Charlestown, Ind.
Wichita St./Silver Creek HS



Ashley Anderson
FR • Louisville, Ky.
Sacred Heart Academy



Sarah Beck
FR • Wilder, Ky.
Campbell County HS



Ashleigh Boone
FR • Frankfort, Ky.
Frankfort HS



Tasha Branch
FR • Burlington, Ky.
Conner HS



Jennifer Burress
SO • Louisville, Ky.
Eastern HS



Samantha Burress
JR • Mt. Washington, Ky.
Bullitt East HS



Jackie Carbuccia
FR • Lexington, Ky.
Bryan Station HS



Cait Cavanaugh
FR • Union, Ky.
Ryle HS



Shannon Elias
FR • Murray, Ky.
Murray St./Murray HS



Brittany Hall
FR • New Richmond, Ohio
New Richmond HS



Lauren Hendricks
FR • Louisville, Ky.
Manual HS



Kaitlyn Knight
FR • Union, Ky.
Ryle HS



Alex Martin
FR • Paducah, Ky.
Reidland HS



Tara McKiernan
FR • Louisville, Ky.
Mercy Academy



Aakriti Mehta
FR • Louisville, Ky.
Manual HS



Lauren Mensch
FR • Elizabethtown, Ky.
John Hardin HS



Jenna Neuner
SR • Louisville, Ky.
Ballard HS



Christina Nichols
FR • Fishersville, Ky.
Christian Acad. of Louisville



Crystal Ortiz
SR • Louisville, Ky.
Jefferson Comm. College



Abbey Patterson
FR • Louisville, Ky.
Male HS



Chelsea Reeves
FR • Louisville, Ky.
Assumption HS



Shelby Schultz
FR • Dublin, Ohio
Dublin HS



Viktoriya Shekhovtsova
SR • Louisville, Ky.
Manual HS



Allison Siu
FR • Louisville, Ky.
Manual HS



Annie Stadig
FR • Mt. Sterling, Ky.
Montgomery County HS



Erica Summe
FR • Burlington, Ky.
Conner HS



Erica Vowels
FR • Elizabethtown, Ky.
John Hardin HS



Katherine Wolf
FR • Louisville, Ky.
Manual HS



Meredith York
FR • Louisville, Ky.
Manual HS

LOUISVILLE

BIG EAST CONFERENCE



2006-07 RESULTS

at East Fork Chase Regatta Cincinnati, Ohio • Sept. 23, 2006

Race	Finish	Time
Open 4+	1st of 8	16:28.37
Open 8+	1st of 4	15:18.47
Collegiate 2x	1st of 2	18:09.70
Open 2-	1st of 2	17:20.53

at Head of the Oklahoma Oklahoma City, Okla. • Sept. 30-Oct. 1, 2006

Race	Finish	Time
Collegiate 8+	1st of 21	14:34.14
Collegiate 2-	1st of 19	17:09.42
Collegiate 2x	1st of 13	16:27.90
Collegiate 4+	1st of 26	15:54.29
Collegiate 4+ Sprint	1st of 5	1:53.40

at Head of the Charles Regatta Boston, Mass. • Oct. 21-22, 2006

Race	Finish	Time
Club 4+	2nd of 29	19:44.23
Youth Doubles	3rd of 21	19:36.40
Championship 4+	5th of 20	18:24.21

at Indiana Bloomington, Ind. • Oct. 22, 2006

Race	Finish	Time
Head Race	1st of 6	17:13.00
Two-Minute Piece #1	1st of 3	No Time
Two-Minute Piece #2	2nd of 3	No Time
Two-Minute Piece #3	1st of 3	No Time

vs. Minnesota Oak Ridge, Tenn. • March 11, 2007

Race	Finish	Time
Varsity 8+	1st of 2	6:34.40
Varsity 4+	1st of 2	7:41.50
2nd Varsity 8+	2nd of 2	7:03.27
2nd Varsity 4+	2nd of 2	8:32.03
Novice 8+	3rd of 3	7:54.61

at Tennessee Knoxville, Tenn. • March 24, 2007

Race	Finish	Time
Varsity 4+	1st of 3	7:20.80
Novice 8+	1st of 2	7:07.00
Varsity 8+	2nd of 2	6:32.10
2nd Varsity 8+	2nd of 2	6:39.50
2nd Novice 8+	2nd of 2	7:46.30

at Windermere Real Estate Rowing Classic Stanford, Calif. • April 14-15, 2007

Race	Finish	Time
Varsity 8+ vs. No. 5 Cal	1st of 2	7:10.56
2nd Varsity 8+ vs. Cal	2nd of 2	7:29.45
Varsity 4+ vs. Cal	2nd of 2	8:50.97
Varsity 8+ vs. No. 19 Washington	2nd of 2	7:03.64
2nd Varsity 8+ vs. Washington	2nd of 2	7:10.13
Varsity 4+ vs. Washington	2nd of 2	8:06.81
Varsity 8+ vs. No. 7 Stanford	2nd of 2	6:51.61
2nd Varsity 8+ vs. Stanford	1st of 2	7:00.24
Varsity 4+ vs. Stanford	2nd of 2	8:17.57

at Southern Intercollegiate Rowing Association Championships Oak Ridge, Tenn. • April 21-22, 2007

Race	Finish	Time
Novice 8+ A Final	5th of 6	7:21.10
2nd Novice 8+ Final	5th of 6	8:17.00
Novice 8+ Semifinals	2nd of 5	7:17.10

at BIG EAST Championships Worcester, Mass. • April 29, 2007

WORCESTER, Mass. - The University of Louisville rowing team won the 2nd Varsity 8+ and 2nd Varsity 4+ race titles to earn a second-place finish overall at Sunday's BIG EAST Championships on Lake Quinsigamond.

The Cards and Syracuse each scored 101 points overall, but the Cards earned runner-up honors for the second straight year after finishing ahead of the Orange in the Varsity 8+ final. Notre Dame won its fourth straight BIG EAST team title scoring 118 points overall.

The Cards' 2nd Varsity 8+ crew covered the 2,000-meter course in a time of 6 minutes, 45.42 seconds to finish more than four seconds clear of second place Notre Dame at 6:49.58, while Syracuse was third at 6:56.95.

In the 2nd Varsity 4+ final, the Cards finished with a time of 7:41.53 to edge second-place Notre Dame by .11 seconds as the Fighting Irish had a time of 7:41.64. In the Varsity 8+ final, No. 6 ranked Notre Dame edged the 18th-ranked Cards by less than four seconds as the Irish covered the race course in a time of 6:31.85 while U of L finished at 6:35.40. Syracuse was a distant third with a time of 6:46.25.

Race	Finish	Time
Varsity 8+ Final	2nd of 6	6:35.40
2nd Varsity 8+ Final	1st of 6	6:45.42
Varsity 4+ Final	4th of 6	7:46.19
Novice 8+ Final	5th of 6	7:06.31
2nd Varsity 4+ Final	1st of 5	7:41.53
Novice 4+ Final	6th of 6	8:25.49
Varsity 8+ Heat #2	1st of 4	6:31.08
Varsity 4+ Heat #1	3rd of 5	7:50.07
Novice 8+ Heat #1	3rd of 4	7:13.15

at NCAA South/Central Region Sprints Oak Ridge, Tenn. • May 12-13, 2007

OAK RIDGE, Tenn. - The nationally ranked University of Louisville rowing team won the Varsity 8+ petite final and finished fourth in the Open 4+ grand final Sunday to earn a 10th-place team finish overall at the Aramark South/Central Region Sprints at the Oak Ridge Regatta Course.

Overall, the Cards' four crews combined to score 285 points, the most points ever for U of L at the event, and finish fourth in the South Region. Virginia won the South Region and overall team title with 440 points, followed by Ohio State (Central Region) with 366, Tennessee (South) with 352, Wisconsin (Central) with 346 and Notre Dame (Central) in fifth with 341 points.

Leading the way for the Cards was the Varsity 8+ crew, ranked No. 19 in this week's USRowing/CRCA Coaches Poll, with a win in the petite final and a seventh-place finish overall in the event. In the petite final, the Cards' crew of freshman coxswain Ashley Edwardson, senior Beth Daunhauer, sophomore Mallory Hamman, senior Nicole Alderson, freshman Anastasia Prokopenko, sophomore Liz Van Zeyl, sophomore Caryn Lasley, sophomore Anna Ardiel and sophomore Allison Pelette covered the 2,000-meter course with a time of 6:36.40, nearly three seconds clear of second place and No. 6 ranked Michigan at 6:39.18. Wisconsin was third at 6:40.76 and was followed by No. 13 Michigan State at 6:43.00. The Cards' final time was the fourth-best time of the day in the Varsity 8+ finals.

In the Open 4+ grand final, the Cards' crew of junior coxswain Katie Fitzpatrick, junior Rachel Mersch, freshman Samantha Seldon, sophomore Jill Reeves and sophomore Anna Zwanzig finished fourth overall with a time of 7:46.08, while Virginia swept the top two positions with its "A" boat in first at 7:30.00 followed by the "B" boat at 7:36.82.

In the 2nd Varsity 8+ grand final, U of L's crew of sophomore coxswain Mandey Erdman, junior Kristin Bloom, junior Breanne O'Connor, senior Martha Shults, sophomore Sha'Lori Moore, freshman Kelly Traynor, junior Kathryn Hagglund, sophomore Laura Cers and freshman Kate Rickers finished sixth overall with a time of 6:53.97, while Virginia led the way with a time of 6:37.60.

The Cards' Varsity 4+ crew of sophomore coxswain Jessica Smith, senior Jen Allen, senior Denise Borders, freshman Katie Rorer and sophomore Lisa Grace finished sixth overall in the V4+ petite final with a time of 8:00.02, while Michigan State led the way with a time of 7:44.60.

Race	Finish	Time
Varsity 8+ Petite Final	1st of 6	6:36.40
Open 4+ Grand Final	4th of 6	7:46.08
2nd Varsity 8+ Grand Final	6th of 6	6:53.97
Varsity 4+ Petite Final	6th of 6	8:00.02
Open 4+ Semi A/B #1	2nd of 6	8:31.43
2nd Varsity 8+ Semi A/B #1	3rd of 6	7:00.68
Varsity 8+ Semi A/B #1	4th of 6	6:56.16
Varsity 4+ Semi A/B #2	6th of 6	8:01.95
Varsity 8+ Heat #1	3rd of 5	6:47.09
2nd Varsity 8+ Heat #1	2nd of 5	6:54.66
Varsity 4+ Heat #3	3rd of 5	7:52.40
Open 4+ Heat #2	2nd of 5	7:53.40

● 2006-07 Louisville Rowing Highlights

- Senior Beth Daunhauer named Second Team All-America becoming the second Cardinal rower to earn All-American honors.
- Competing at the 2007 NCAA South/Central Regional Championships, U of L finishes 10th overall in the field of 24 teams. V8+ takes first place in the Petite Final; 2V8+ earns program's first appearance in the Grand Final finishing sixth overall; Open 4+ also earns a spot in the Grand Final for the first time in this event finishing fourth overall.
- Cards' 2V8+ and 2V4+ boats earn program's first BIG EAST Championship titles while helping the program earn the runner-up team trophy for the second straight year.
- Cardinal rowing team recognized at the 2007 U of L All-Sport Banquet as the recipients of the Cardinal Cup Award as well as the CardsCare Award (most community service hours). The Cardinal women served over 1,200 hours of community service, with special honors going to

Kim Anderson for having the highest number of CardsCare hours among all 600 student-athletes.

- Cards' V8+ crew defeats No. 5 ranked and reigning national champion California at the Windermere Rowing Classic.
- Cards finish third overall among collegiate crews and first among US collegiate crews in Women's Championship 4+ event at prestigious Head of the Charles Regatta. U of L earns silver medal in Women's Club 4+ event at the Head of the Charles, the seventh consecutive year for the Cardinals to earn a medal at one of the most prestigious rowing events in the country. The Cards' Club 4+ crew was also first among US Collegiate crews in this event.
- Cardinals take home the Ackerman Cup (team trophy) at the Head of the Oklahoma. Results for U of L at the event included first place in the Collegiate Double; first, second and third in the Collegiate 4+; first and second in the Collegiate 8+; first and second in the Collegiate Pair; and first, second, fourth and fifth in the super sprints.

◆ All-Time Team Award Winners

ROWER/OARS WOMAN OF THE YEAR

1999-00 (Novice).....	Melissa Campbell
2000-01 (Varsity).....	Melissa Campbell
2000-01 (Novice).....	Katie Hoetker
2001-02 (Varsity).....	Allison Kemphaus
2001-02 (Novice).....	Andrea Murray
2002-03 (Varsity).....	Brooke Spence
2002-03 (Novice).....	Natalie Richards, Mandy Botelho
2003-04 (Varsity).....	Christy Ochsner
2003-04 (Novice).....	Beth Daunhauer, Dana Osoffsky
2004-05 (Varsity).....	Beth Daunhauer
2004-05 (Novice).....	Becky Wohrle
2005-06 (Varsity).....	Jessica Grigsby, Jenna Sample
2005-06 (Novice).....	Caryn Lasley
2006-07 (Varsity).....	Beth Daunhauer
2006-07 (Novice).....	Katie Rorer

MOST IMPROVED ROWERS

2000-01 (Varsity).....	Kate O'Bryan
2000-01 (Novice).....	Carmen Noltemeyer, Elissa Peak
2001-02 (Varsity).....	Stephanie George
2001-02 (Novice).....	Karen Bramer
2002-03 (Varsity).....	Jessica Grigsby
2002-03 (Novice).....	Olivia Brittain
2003-04 (Varsity).....	Mandy Moore
2003-04 (Novice).....	Jen Allen
2004-05 (Varsity).....	Katie Prince
2004-05 (Novice).....	Katie Fitzpatrick
2005-06 (Varsity).....	Liz Van Zeyl
2005-06 (Novice).....	Mallory Hamman, Lisa Grace
2006-07 (Varsity).....	Mallory Hamman
2006-07 (Novice).....	Samantha Seldon

CARDINAL PRIDE (Selected by the Team)

2000-01	Allison Kemphaus
2001-02	Christy Ochsner, Leslie Walters
2002-03	Karen Bramer
2003-04	Carmen Noltemeyer
2004-05	Jenna Sample
2005-06	Lisa Terreberry
2006-07	Anna Ardiel

CAPTAINS

1999-00	Kelly Drescher
2000-01	Nikki Lee, Melissa Campbell
2001-02	Stephanie George, Jennifer Klipple
2002-03	Allison Kemphaus, Christy Ochsner
2003-04	Lisa Terreberry, Leslie Walters
2004-05	Karen Bramer, Lisa Terreberry
2005-06	Jenna Sample, Beth Daunhauer
2006-07	Jen Allen, Beth Daunhauer, Kathryn Hagglund

◆ 2007-08 Seniors

The six seniors on the 2007-08 University of Louisville rowing team are (left to right) Kim Anderson, Rachel Mersch, Katie Fitzpatrick, Kathryn Hagglund, Kristin Bloom and Breanne O'Connor.



◆ 2006-07 Team Award Winners



Beth Daunhauer
Varsity "Rower of the Year"



Katie Rorer
Novice "Rower of the Year"



Mallory Hamman
Most Improved Varsity Rower



Samantha Seldon
Most Improved Novice Rower



Anna Ardiel
Cardinal Pride Award Winner



◆ 2007-08 Captains

Kathryn Hagglund, Anna Ardiel & Allison Pelette



◆ Cardinal Honors

CRCA SCHOLAR-ATHLETE

Allison Kemphaus.....	2001-02
Lucy Svehla.....	2001-02
Leslie Walters.....	2001-02
Allison Kemphaus.....	2002-03
Leslie Walters.....	2002-03
Amelia Buhts.....	2003-04
Allison Kemphaus.....	2003-04
Christy Ochsner.....	2003-04
Lisa Terreberry.....	2003-04
Leslie Walters.....	2003-04
Amelia Buhts.....	2004-05
Beth Daunhauer.....	2004-05
Brooke Spence.....	2004-05
Lisa Terreberry.....	2004-05
Nicole Alderson.....	2005-06
Beth Daunhauer.....	2005-06
Lisa Terreberry.....	2005-06
Nicole Alderson.....	2006-07
Jen Allen.....	2006-07
Anna Ardiel.....	2006-07
Laura Cers.....	2006-07
Beth Daunhauer.....	2006-07
Lisa Grace.....	2006-07
Kathryn Hagglund.....	2006-07
Mallory Hamman.....	2006-07
Allison Pelette.....	2006-07
Liz Van Zeyl.....	2006-07

CRCA ALL-SOUTH REGION

First Team

Amelia Buhts.....	2004-05
Brooke Spence.....	2004-05
Beth Daunhauer.....	2005-06
Jessica Grigsby.....	2005-06
Jenna Sample.....	2005-06
Beth Daunhauer.....	2006-07

Second Team

Stephanie George.....	2001-02
Allison Kemphaus.....	2001-02
Lucy Svehla.....	2001-02
Leslie Walters.....	2001-02
Brooke Spence.....	2002-03
Beth Daunhauer.....	2004-05
Nicole Alderson.....	2005-06
Lisa Terreberry.....	2005-06
Nicole Alderson.....	2006-07



ROWING CENTER

As the city of Louisville's riverfront is developed into beautiful parks and recreational areas, its growth has included a new rowing center on the Ohio River which will be the new home of the University of Louisville Women's Rowing Program and will also house the adaptive rowing program for disabled community rowers. As the first phase of the Waterfront Development is complete, the new rowing center is slated to become the focal point of the project's second phase.

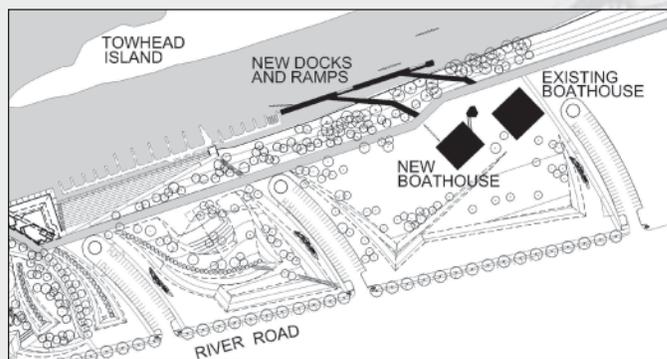
With combined efforts from the community, the new facility plans to include two boat bays for the U of L Women's Rowing Team and an additional bay for use by the adaptive program.

In addition to the boathouse, a 120-foot rowing dock and 160-feet of a wakeless launch dock will be installed.

The designated location for the new boathouse and dock will still yield the same protected launching and docking area currently provided by Towhead Island. The two-story facility will also include a meeting room, a training room, a multipurpose locker room with showers, office space and a beautiful balcony overlooking the Ohio River.

This proposed new facility is only one example of the University of Louisville's commitment to women's rowing and the rest of its sports. It also serves as a tremendous resource for the rowing program and its goal of being No. 1.

Rendering of the Rowing Center, the future home of Louisville Rowing



◆ Cardinals' Current Home

The Cardinal Boathouse, the current home for the U of L rowing team, is a beautifully renovated brick warehouse with ample storage for the fleet of shells, sliding racks, oars, ergometers, cox-boxes and other accessories. The launching site is a chute created by Towhead Island, creating a protected stretch of water for launching and docking. The boathouse is adjacent to the Louisville Rowing Club, which features year-round activities for rowers as well as the nationally known Adaptive Rowing Program.





Located less than one mile from the Belknap Campus, the Cardinal Sports Complex serves as a home to the U of L women's rowing program as well as the men's and women's golf and field hockey programs.

Formerly the home of the U of L football team prior to the construction of Papa John's Cardinal Stadium, the Cardinal Sports Complex gives U of L student-athletes everything they need to succeed on and off the field.

Along with office space for coaching staffs and administrators, the complex houses an academic lab with Internet-ready computer facilities, a fully-outfitted training and rehabilitation area, a state-of-the-art strength and conditioning room and a spacious locker room.





19 All-Americans

BIG EAST **7**
Championships

13 Nationally Ranked
Teams

BIG EAST **10**
Players of the Year

31 All-BIG EAST First
Team Selections

Academic **4**
All-Americans





5 National Award
Winners

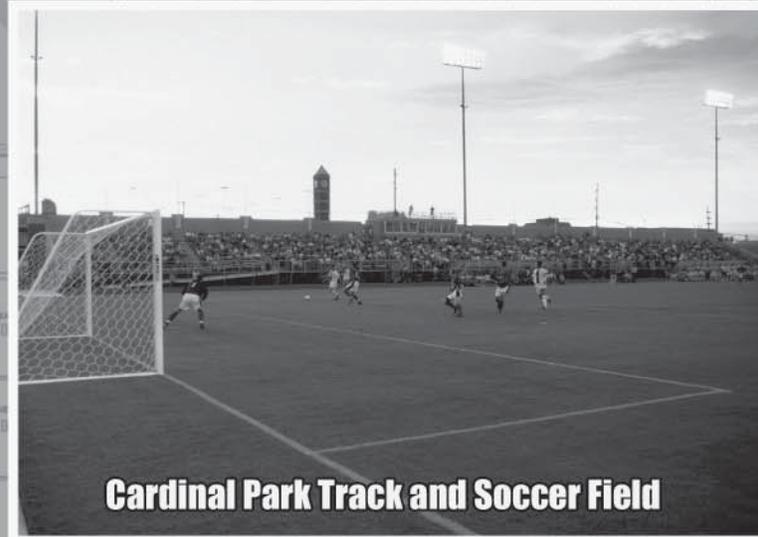
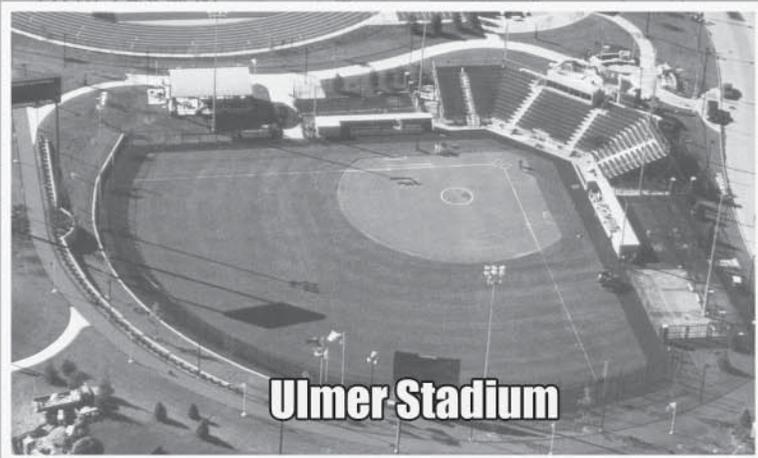
BIG EAST **19**
Individual Champions

17 Postseason
Appearances

BIG EAST **3**
Coaches of the Year

34 All-Region
Selections

State-of-the



-Art Facilities



The Cardinal Club



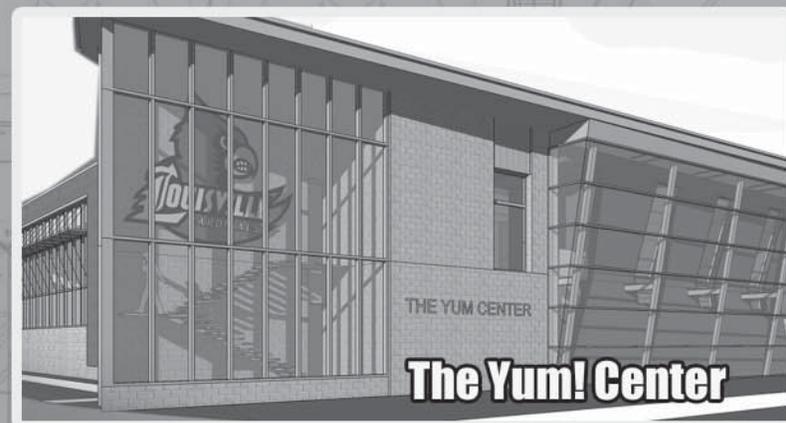
Trager Indoor Practice Facility



Cardinal Arena



Ralph Wright Natatorium



The Yum! Center



Bass Rudd Tennis Center

Student DEVELOPMENT

- Welcome Back
- Cardinal Creed
- Healthy Lifestyles
- Menu Picks
- Seminars
- Professional Panels
- **L.I.F.E.** - Louisville International Family Enrichment Program
- **S.C.O.R.E.** - Student-Athletes of Color Combining Opportunity and Responsibility for Excellence
- **SAAC** - Student-Athlete Advisory Council
- Senior Exit Interview
- Student Safe

Olga Peers ACADEMIC UNIT

- New-Student Athlete Orientation
- CARDStart
- **OBSH** - Objective Based Study Hall
- Academic Advising
- Study Hall
- Tutoring Program
- Four Computer Labs for Distance Learning
- **C.S.C./C.A.R.D.S** (Cardinal Scholar Champions/ Cardinals Are Really Dedicated Students)
- Faculty Guest Coach

Sports MEDICINE

- Recruiting Visit Evaluation
- Fitness Program
- Campus Physical Assessment
- Health Performance Design
- Case Management
- Drug Testing



Compreh

C A R D

I am Committed to

I am Accountable

I am Respectful of

I am Determined to



Jewish Hospital and Frazier Rehab Institute

Career PLANNING

- Discover
- Shadows
- Career Panels
- Job Prep
- Sports Mentors
- Life After Sports
- CAF Member

Student OUTREACH

- CardsCare
- Speaker's Bureau
- Cardsfit
- Fit-4-me



ARE

TM

ensive Student Support System

DINAL CREED

to the University of Louisville and its athletic department

to myself, my team, my family and my community

of my body, mind and spirit and those of others

to excel in competition and the classroom

Cardinal Medical Advisory Board

Dr. Christopher Pitcock
Dr. John Lach
Dr. John Ellis
Dr. Raymond Shea
Dr. Dave Caborn
Dr. Craig Roberts
Dr. Kerry Rimmel
Dr. Greg Potts
Dr. Mark Smith
Dr. Walter Badenhausen
Dr. Akbar Nawab
Dr. Edward Tillet
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Dr. Staci Grossfeld
Dr. Scott Black
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Dr. Randy Sheen
Dr. Julie Ellis
Dr. Mark Petrik
Dr. Christopher Peters
Dr. Divya Cantor
Dr. Kleinert, Dr. Kutz &
Associates
The Eye Care Institute
Dr. Steve Smith

Performance Team Systems

HIGH PERFORMANCE
Performance Nutrition
Regeneration
Mental Skills

LIFE PERFORMANCE
Healthy Lifestyles
Substance Use/Misuse
Financial Fitness
Relationship Management

Performance Team Members

Sheena Binford
Chris Peters
Dr. Burns Brady
Gail Peitzmeier
Anne-Marie Brown
Tia Suter
Laura Byrd
Jennifer VanDyke
John Walsh
Michelle Eckhart
Denise Wooldridge
Chris Mohr
Kevin Chapman
Cheryl Kolander
Andy Meyer

“ One of the Nation’s Top Metropolitan Universities ”

The University of Louisville offers a real-world education for its students and much-needed services for the community.



Dare to be great.

When the University of Louisville adopted that simple motto in the winter of 2000, it challenged itself and its community to strive for excellence. It also sent a message to the nation that Kentucky’s metropolitan research university is on the verge of greatness.

One of the nation’s oldest metropolitan universities, U of L has a longstanding reputation in areas such as business, law, engineering and medicine. The university is building on that reputation, establishing itself as a national leader in areas ranging from the humanities to entrepreneurship, from logistics and distribution to music composition, from social work to nursing and dentistry.

In 1998, U of L announced its Challenge for Excellence, a program designed to raise the university to national prominence within 10 years. Efficiency on campus has been improved in recent years and university funds have been refocused on high-priority programs.



Grawemeyer Hall, U of L’s administration building.

The effort already has paid off through national attention on the university and through benefits to the citizens of Louisville, Kentucky, Indiana and other areas around the nation and the world.

In fall 2000, the university was one of 147 universities to achieve the Doctoral/Research University-Extensive designation from the Carnegie Foundation for the Advancement of Teaching.

U of L’s transplantation research program received international acclaim in 1999 after performing only the second successful hand transplant in the world.

A new Cardiovascular Innovation Institute, a partnership with Louisville’s Jewish Hospital, will focus on the development, testing and clinical delivery of leading-edge treatments for heart failure.

The Institute for Cellular Therapeutics, which relocated to U of L from Philadelphia in 1998 as part of the Challenge for Excellence, is working on leading-edge immunosuppression research that soon may lead to better, less risky transplantation procedures and treatments for diseases ranging from cancer to sickle cell anemia.

U of L’s entrepreneurship program, ranked among the nation’s top 10 by Success magazine, has helped its students launch several successful ventures and is grooming tomorrow’s business leaders.

Its logistics and distribution program works with the United Parcel Service hub and other Louisville-area businesses to improve delivery systems throughout the world.

Its School of Education works closely with Louisville-area schools and others throughout the state to continue refining Kentucky’s nationally acclaimed efforts to reform education in grades K through 12.

Through the presentation of its \$200,000 Grawemeyer Award for Music Composition, U of L’s music school has built one of the world’s best collections of contemporary music.

And U of L’s Brandeis School of Law, which was one of the first in the nation to require pro bono work as part of its curriculum, boasts a student body that has won several national competitions in recent years.

U of L has begun to gain recognition on the national level in a variety of ways. A Wall Street Journal article cited U of L as being among the top 30 schools in the nation for sending students to elite graduate schools. And Consumers Digest rated the university 25th in the Top 50 Best Values for Public Colleges and Universities based on academic excellence, educational quality and costs of attendance for the 2003-2004 academic year.

Why students consider U of L

Strong Academic Programs

The University of Louisville offers undergraduate, graduate and professional degrees and certificates in 178 fields of study. Thirteen schools, colleges and divisions are housed on three campuses.

Tradition

One of the oldest metropolitan universities in the nation, tracing its heritage to 1798, U of L alumni and faculty lead prominent professional and civic roles from Washington D.C. to the California coast and beyond.

Location

Our campuses are in the heart of Kentucky’s business, health and cultural center in Louisville, the state’s largest metropolis. Easily accessible from three interstate highways (1-64, 1-65 and 1-71) and a major airport within reach of nearby states.

Diversity

U of L’s 22,000 plus students offer a cultural and international diversity to create lasting friendships and improve the learning environment for all students.

Great Environment

U of L’s main campus (Belknap) has a park-like setting with stately buildings, mixed with contemporary structures. Complemented by a city named as one of the “most livable” by Rand McNally, U of L makes it easy to combine the business of learning with pleasure.

U of L’s students also have gained national recognition in 2004. U of L ranked seventh in the nation in the number of students receiving Fulbright English teaching assistantships in 2004. The university ranked seventh among schools in the South for producing Fulbright research fellows.

And U of L’s Debate Program finished fifth in the National Debate Tournament.

Most students study on the Belknap Campus. Located in the heart of Kentucky’s largest city, the park-like campus is noted for its combination of historical and contemporary buildings. Three motion picture companies filmed on campus this year alone.



The Louisville area owes its existence to the Falls of the Ohio, the only place where the 981-mile river flows over bedrock. The falls were really rapids where the river dropped about 27 feet in three miles, usually blocking passage by boat.

Early explorers recognized the strategic importance of the Falls. George Rogers Clark established the first settlement there in 1778, to use as a base of his invasion of British territory in Southern Illinois and Indiana. Two years later that settlement became Louisville – named for King Louis XVI of France, who was supporting the American Revolution.

Louisville quickly became a vital transportation center for the young nation. Ports were established above and below the Falls. Passengers and freight moved overland around the rapids. Trails and roads connected the ports to inland settlements in Kentucky and Indiana. The steamboat brought prosperity and growth to the area; by 1850, Louisville was the 10th largest city in the nation.

In the decades that followed, railroads greatly improved connections with cities throughout the nation, and Louisville became known as the “Gateway to the South.” Businesses and industries were attracted by the strong and convenient transportation network and Louisville became an industrial center.

In recent years, the economy of the Louisville area has shifted from a heavy reliance on industry to an increasing emphasis on services, including transportation. Once again, location is a key factor. Louisville is located near the center for the eastern half of the contiguous 48 states, with nearly half of the nation’s consumer markets within a 500-mile radius. The climate is mild enough that Louisville’s airport is rarely closed because of weather.

Climate, location and a good transportation system helped convince United Parcel Service to establish its national hub in Louisville in the early 1980s. UPS, in turn, is attracting businesses that depend on fast and efficient transportation of their goods to other parts of the nation and throughout the world.

The Kentucky Center for the Arts is one of the nation’s premier performing arts facilities, housing three spacious theatres.

Sports, including U of L athletics, are an important facet of life in the Louisville area. Churchill Downs has hosted three Breeders’ Cups and continues its traditional Run for the Roses each May. The 1996 and 2000 PGA Championships were held at Valhalla Golf Course in eastern Jefferson County. The Louisville Bats, the triple-A baseball team of the Cincinnati Reds, drew over a million fans to games in a single season. Over 140 public parks, 20 public golf courses and 226 public tennis courts also provide outdoor entertainment.

Even though Louisville has changed through the years, it still has the flavor and gentleness of a Southern town. The Belle of Louisville steamboat still paddles its way up and down the Ohio River daily, mint juleps are still served under an old oak tree during the hot and muggy summers and fishing in the many lakes and rivers of Louisville and surrounding counties is still a favorite pastime.

Louisville Facts

- Population: approximately 700,000, the nation’s 16th largest metropolitan area in population.
 - Median Age: 32.5
 - Weather: average annual rainfall is 43 inches; average summer/fall temperature is 88 degrees; winter/spring temp. is 68.
 - Louisville is home to legendary Churchill Downs and the Kentucky Derby, known as “the greatest two minutes in sports.”
 - Hillerich & Bradsby’s Louisville Slugger baseball bats are a hit at ballparks.
- Louisville is home to...
- the Kentucky Derby
 - Papa John’s Pizza
 - The first electric trolley
 - Derby Pie
 - The first cheeseburger
 - “Thunder Over Louisville,” the nation’s largest annual fireworks display

Famous Louisvillians

- Muhammad Ali - Heavyweight Boxing Champion
- Ned Beatty - Actor
- Foster Brooks- Comedian
- Denny Crum - Basketball Coach
- Thomas A. Edison - Inventor
- Sue Grafton- Author
- Darrell Griffith - Athlete
- Lionel Hampton - Jazz musician
- Paul Hornung - Heisman Trophy Winner, 1957
- Mary T. Meagher - Olympic Swimmer
- Tori Murden-McClure - Solo rower across the Atlantic Ocean
- John Ed Pearce - Pulitzer Prize Winning Journalist
- Georgia Powers - 1st Female African American Senator
- Pee Wee Reese - Hall of Fame Baseball Player
- Colonel Harland Sanders - Founder of Kentucky Fried Chicken
- Diane Sawyer - Newscaster
- Phil Simms - Super Bowl Winning Quarterback
- Sean Young - Actress





- ◆ **Tom Jurich**
- ◆ **Director of Athletics**
- ◆ **Vice President, U of L**

Growth, innovation, achievement and excellence have been the trademarks of Tom Jurich's tenure as the Vice-President for Athletics at the University of Louisville for the last 10 years.

Jurich's unyielding desire to succeed has driven him to the pinnacle of college athletics and has put the University of Louisville on the national scene.

Since coming to the Derby City in 1997, Jurich has been the man behind the continued development of the university's entire athletic program.

Jurich's desire and vision for the University of Louisville has led the division to unprecedented development and accomplishment. For his efforts, he was selected as the Street & Smith's Sports Business Journal/Sports Business Daily Athletic Director of the Year in 2007.

From facilities to gender equity, from community involvement to national leadership, Jurich's actions prompted one state media outlet to recently write that "It all shows yet again that the hiring of Tom Jurich, the architect of this Louisville emergence, as U of L AD in the fall of 1997 stands as one of the most significant events in our state's modern sports history." After just eight years working his constructive efforts, he was inducted into the state of Kentucky Athletic Hall of Fame in 2006.

U of L took a dramatic step toward maintaining that upward trend by signing Jurich to an unprecedented contract extension in December of 2006 that will keep him with the Cardinals through 2023. U of L President Dr. James Ramsey enhanced Jurich's contract again last year. In an unprecedented appointment, he was named Vice President for Athletics at U of L in 2003.

Since Jurich was named Director of Athletics for the Cardinals on Oct. 21, 1997, there has been an unmatched flurry of activity on the U of L campus and Louisville area since his arrival.

Jurich continues to push U of L to the forefront of college athletics. While diligently working to keep the Cardinals on the cutting edge nationally, Jurich has turned heads while quickly guiding major changes in the face of Cardinal Athletics including:

- Engineering U of L's historic move to the Big East Conference, which has a long-term relationship with the lucrative Bowl Championship Series. This is the Cards' second year in the league.
- Attracting sixth-year men's basketball coach Rick Pitino to U of L, a move many deemed impossible. Pitino's arrival has energized the Cards' tradition-rich program and quickly restored it to a position among the nation's top teams. U of L capped a 33-5 record in 2004-05 by returning to the Final Four for the first time in 19 years.
- Taking a major step in achieving gender equity, upgrading funding and support staff for existing women's programs while adding four new sports — softball, golf, rowing and lacrosse (in 2008). Jurich's efforts also moved field hockey, women's soccer and baseball to fully-funded programs. He received the Citizens for Sports Equity 2000 Sports Leadership Award and was honored as the Louisvillian of the Year in 2005 by the Louisville Urban League Guild.
- Rapidly building the football program from the ground up. The Cardinals have been ranked in the top seven in two of the last three seasons, including the school's first BCS Bowl berth in 2006.
- Addressing multiple facility needs, including an extensive sports park to serve as a front lawn for the University. Owsley B. Frazier Cardinal Park features Ulmer Stadium (softball), Trager Stadium (field hockey artificial surface field), a soccer field surrounded by a state-of-the-art track, fitness trail, outdoor basketball and sand volleyball courts and a playground. Three new facilities opened in 2005: Jim Patterson Stadium (baseball), Ralph Wright Natatorium and the Trager Center indoor fieldhouse. The YUM Center Practice Facility will be finished this year and will house the men's basketball and women's volleyball and lacrosse programs.

- Strengthening U of L's athletic administration by enlarging the compliance department with the school's first associate athletic director for compliance and adding the school's first female associate athletic director/senior woman administrator.

- Placing U of L on the cutting edge of sports medicine with a comprehensive partnership with Louisville's world-renowned Jewish Hospital.

- Bolstering the community outreach arm of U of L athletics, developing CardsCare and CardsFIT to promote student-athlete community involvement.

- Academic success has risen dramatically during Jurich's watch as well. There 130 BIG EAST Academic All-Stars named for the 2005-2006 season plus 11 named to the 2005 Big East Football All-Academic team.

The 2006 Big East Football All-Academic team had 12 members this year. There were numbers for the 2006 Fall semester were 296 of 643, including spirit groups, managers and trainers. For the 2007 Spring semester, we were 290 of 595, including spirit groups, managers and trainers (231 of 458 without those three groups).

Jurich's high energy, community and family-minded approach has been contagious, infecting the university, city and U of L fans everywhere with a positive outlook for the future of Cardinal Athletics. It is a formula that has provided a trail of success in each situation Jurich has touched.

Jurich has been active in the scope of college athletics on a national level, within conference issues, and in his local community. He served three years as a member of the NCAA Management Council, one of the top legislative bodies of the NCAA, and the NCAA Division I Baseball Committee. He sits on the Board of Directors for Republic Bank, Willpower Foundation and American Heart Association.

Jurich recently received the Louisvillian of the Year Award by the Louisville Advertising Federation and the Dan Mangeot Memorial Award, for contributions to the advancement of tourism and hospitality.

Guiding Colorado State University as its athletics director for the four years prior to his arrival at U of L, Jurich oversaw not only one of the most successful time periods in the school's history in terms of on-field competitiveness, but he was the driving force behind a successful capital campaign drive that included facility renovation.

Prior to his constructive efforts at Colorado State, Jurich operated as director of athletics for eight years at his alma mater, Northern Arizona University. When appointed at NAU, he was the youngest director of athletics at the NCAA Division I level at the age of 29.

He became athletic director at Northern Arizona in 1988, after previously serving as co-director (1986-88) and assistant director ('84-86). He was inducted to the NAU Sports Hall of Fame in 1989.

Jurich is among the finest football players in Northern Arizona history. A punter, placekicker and backup quarterback for the Lumberjacks, Jurich earned first-team Kodak All-America honors in 1977 — the first collegiate kicker to make the Kodak honor list — and also received All-America acclaim from The Sporting News. He is the only kicker in Big Sky Conference history to be named the league's offensive player of the year (1977).

A 10th-round NFL draft pick of the Pittsburgh Steelers, Jurich later played with the Minnesota Vikings before a brief coaching stint at the University of Minnesota.

He and his wife, Terrilynn, a former Miss Wyoming, have four children: sons Mark, an outfielder in the Atlanta Braves organization, and Brian; and twin daughters, Haley and Lacey.





◆ **Dr. James Ramsey**

◆ **President**

University of Louisville President James Ramsey has worked aggressively during his five-year tenure to move UofL to its state-mandated goal of becoming a pre-eminent metropolitan institution of higher learning.

Dr. Ramsey has identified five strategic areas of focus for the University of Louisville campus:

- Continued commitment to educational quality
- Growing extramural research
- Enhancing campus diversity
- Building community partnerships and
- Ensuring accountability to taxpayers, students and donors.

The quality of U of L's freshman class has improved each year, with the average ACT score of incoming freshmen climbing to 24.2 in 2006 from 20.7 in 1995. What's more, the university's students are claiming a much larger share of the nation's most prestigious academic honors.

A record seven UofL students received Fulbright Awards in spring 2007, bringing the school's five-year total to 19 student winners. An additional half dozen students earned other international scholarships this spring.

Ramsey also has created a university culture focused on conducting research that improves the quality of life for people in Kentucky and beyond. This research already has led to major milestones in health care, business and the environment. Today, U of L's volume of federal research funding is four times higher than it was seven years ago, and the university has become America's fastest growing research university in National Institutes of Health funding.

Ramsey also has set the tone for encouraging diversity on campus. U of L has reached or made substantial progress on all eight of its goals set in The Kentucky Plan for Equal Opportunities.

The university's ties with its community have never been stronger. Not only has U of L been a major player in the award-winning Partnership for a Green City with Jefferson County Public Schools and Louisville Metro government, it has launched a Signature Partnership Initiative to improve education, health care, social services and economic opportunity in Louisville's West End.



As U of L has continued to advance toward meeting its state-mandated goals, it has been significantly underfunded by the state relative to its peer institutions — a true indicator of its accountability and stewardship.

The university has been so successful, in fact, that it concluded its 10-year, 11-point Challenge for Excellence strategic plan more than a year ahead of schedule. Ramsey is leading development of a new strategic plan, which will be unveiled by fall 2007, to carry the university through 2020.

A strong commitment to serving the community and commonwealth is nothing new for Ramsey. Before assuming U of L's top post, he served as senior policy advisor and state budget director for the Commonwealth of Kentucky and senior professor of economics and public policy at U of L.

He also has held several other positions in state government, serving as interim commissioner of the Office of the New Economy and special advisor to the chairman of the Kentucky Council on Postsecondary Education.

On the academic side, he has served as vice chancellor for finance and administration at both University of North Carolina at Chapel Hill and Western Kentucky University. He has been associate dean, assistant dean and director of public administration in the College of Business Administration at Loyola University and a research associate for the University of Kentucky's Center for Public Affairs.



He has served on the faculties of UNC, WKU, UK, Loyola University and Middle Tennessee State University.

A frequent national speaker and writer on economic issues in the public sector, Ramsey received the National Governors Association's Outstanding Public Service Award in 2001 and was named Kentucky's Distinguished Economist of the Year in 1999.

A Kentucky native, he holds a bachelor's degree in business administration from Western Kentucky University and master's and doctoral degrees in economics from UK.

Sharing his commitment to public service is his wife, Jane Ramsey, who is involved in a host of community activities and organizations. She heads an effort to beautify U of L's Belknap Campus and revitalize its surrounding South Louisville neighborhood. That effort is highlighted by the upcoming renovation of Stansbury Park, which borders the Belknap Campus. That Olmsted-designed park is being restored to its former glory thanks to partnerships among the university, Louisville Metro and the Olmsted Conservancy.

The Ramseys have two daughters. Jenny, an Auburn University graduate, has recently completed her nursing degree at UofL. Jacque is a junior at UofL.

Olga S. Peers Academic Center for Student Athletes

• The mission of the Olga S. Peers Academic Center for Student Athletes is to provide academic support, counseling and guidance to the student-athletes participating in the University of Louisville's intercollegiate athletic programs by promoting self-responsibility, personal growth and academic development.



◆ **Marvin Mitchell**
◆ **Associate Athletic Director**

Marvin Mitchell enters his eighth year as Associate Athletic Director for Academic Services.

Mitchell is the school's first Associate Athletic Director in the area of academics. He joined the U of L Athletics staff in 1999 as the Cards' Director of Academic Services after three years in a similar capacity at East Carolina. Prior to his stint there, Mitchell worked five years at his alma mater Wake Forest in many roles,

including serving as assistant director of academic services from 1994-96.

A four-year letterman on the defensive line at Wake Forest (1987-91), Mitchell is an accomplished speaker and has delivered presentations at the National Association of Academic Advisors for Athletics (N4A) national convention. He is an active member of the Black Coaches Association (BCA) and the National Consortium for Academics and Sport (NCAS). He serves on national and local boards, including 100 Black Men of America and Chestnut Street YMCA.

A native of Eastville, Va. and graduate of Northampton High School, Mitchell earned a bachelor's degree in psychology with a minor in speech communications at Wake Forest in 1992 and a master's degree in education there in 1995.



◆ **Bryan Hicks**
◆ **Assistant Athletic Director**

Bryan Hicks is in his 11th year with the U of L Athletic Department and fourth as Assistant Athletic Director for Academics. He is responsible for overseeing academics for the Cardinal football team and managing the Papa John's Cardinal Stadium Computer Lab.

Hicks serves on the University's Commission on Diversity and Racial Equality (CODRE), the Directors Council for University Wide Advising and is coordinator for the athletics department program S.C.O.R.E. (Student-Athletes of Color Combining Opportunity and Responsibility for Excellence).

A native of Huntsville, Ala., Hicks attended Tuskegee University and played on the basketball and baseball teams there. He received his bachelors degree in Marketing from Alabama A&M University in 1992 and went on to receive his Masters in Public Administration (MPA) degree from Portland State University in 1996.

Hicks came to U of L after serving as assistant men's basketball coach and coordinator of multicultural admissions at Warner Pacific College in Portland, Oregon.

Hicks and his wife, Kellie, are the parents of three children – two daughters, Hailey and Sydney, and one son, Garrett.



◆ **Scott Sallade**
◆ **Director of Student Services**

Scott Sallade, Director of Student Services, is in his 11th year as a member of the Olga S. Peers Academic Center staff. He currently works with Women's Soccer, Softball, Swimming and Diving, as well as coordinating the Cardinal Degree Completion Program.

He has been at U of L since 1987 and has worked in several areas of the university including Housing and Residence Life, Admissions and Orientation and Intramural and Recreational Sports. He currently serves as a part-time instructor for the Health, Physical Education and Sports Studies Department.

Sallade earned his B.S in Sport Administration (1992) and his Master of Education (1994), both from the University of Louisville.

He and his wife, Tami, have a son, Casey.



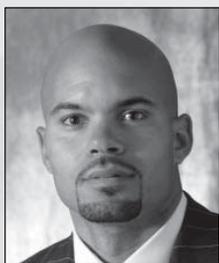
◆ **Christine Jackson**
◆ **Associate Director**

Christine Jackson is the Associate Director of Academic Services and is responsible for Women's Basketball, Field Hockey and Women's Golf as well as the Spirit Groups. She also coordinates the New Student-Athlete Orientation as well as the Senior Reception and serves as the liaison to the Colleges of Education and Nursing.

Jackson came to U of L after working for the University of Kentucky for more than three years. At UK, she was the Academic Counselor for Track and Field, Volleyball, Rifle and Men's Tennis. She also served as the Director of Tutoring and advisor to the Student-Athlete Advisory Committee.

Jackson earned her bachelor's degree in Kinesiology in 1997 and master's degree in Sport Management in 1999 from Kentucky.

Christine and her husband, Richard, have two sons, Trey and Reese and a daughter, LaPorsha.



◆ **Ed Scott**
◆ **Associate Director**

Ed Scott is in his second year at UofL and his first as Associate Director of Athletic Academic Support Services. He oversees the academic support for the Cardinals' basketball team.

A native of Kingston, N.Y., Scott served for two years in a similar capacity at the University at Albany, his alma mater. There he was responsible for providing academic guidance to approximately 250 student-

athletes, oversaw the tutoring and study session programs for all 19 intercollegiate teams, and was the faculty advisor for the Student-Athlete Advisory Committee. He also taught two sections of the Student-Athlete Academic Recovery Class (STAAR 101) for new and returning at-risk student-athletes.

Scott graduated magna cum laude from the University at Albany in 2002 with a B.A. in psychology and minor in sociology. He earned an M.S. in Educational Administration and Policy Studies, with a concentration in higher education from the University at Albany in 2006.

Scott was an assistant coach in two NCAA sanctioned collegiate wooden bat leagues: the Spartanburg (S.C.) Stingers of the Coastal Plains League in 2005; and the Saratoga (N.Y.) Phillies of the New York Collegiate Baseball League in 2006 when the Phillies won the league title.



◆ **Anthony Wright**
◆ **Academic Counselor**

Anthony Wright is in his third year at the University of Louisville as the academic counselor working primarily with the rowing and baseball teams.

Prior to joining the staff at the University of Louisville, Anthony worked at Iowa State University as the men's basketball counselor. Anthony also spent three years at the University of Arizona. While at the University of Arizona, he worked with the men's basketball,

football, women's volleyball, and men's and women's track teams. Anthony was also the coordinator for student-athlete post-graduate scholarships.

Anthony received his bachelor's degree in History in 1999 from the University of Maine and is currently pursuing his master's degree in Education from the University of Louisville. He is a native of New Jersey.

BIG EAST™

CONFERENCE

In 2007-08, the BIG EAST will be in its third academic year as a 16-member conference. While many outside the league were curious and sometimes skeptical of the long-term prospects of the

largest Division I-A conference, the student-athletes concentrated on their tasks at hand and continued the league's proud tradition of success.

BIG EAST teams earned plenty of recognition at the highest levels in 2006-07. In basketball, the Georgetown men's team and the Rutgers women's team each advanced to their respective Final Fours with Rutgers playing in the national championship game.

The 2006 football season was the BIG EAST's best ever. Louisville, West Virginia and Rutgers all finished in the top 12 in the final national polls. The BIG EAST posted a 5-0 bowl record and won the ESPN Bowl Challenge Cup.

On the diamond, the Louisville baseball team played its way to the College World Series. In softball, DePaul also participated in the College World Series. The Notre Dame women's soccer team advanced to the NCAA title game and the Connecticut field hockey team made it to the Final Four.

The BIG EAST took the men's and women's M.A.C. Hermann Trophy, the top individual award in soccer. The winners were Joseph Lapira and Kerri Hanks, both of Notre Dame.

The goals of the BIG EAST have never changed. The league aims and expects to compete at the highest level and does so with integrity and sportsmanship.

The BIG EAST became the nation's largest Division I-A group in 2005-06 when five new members began competing. The new schools were: University of Cincinnati, DePaul University, University of Louisville, Marquette University and the University of South Florida.

BIG EAST institutions reside in nine of the nation's top 34 largest media markets, including New York, Chicago, Philadelphia, Washington, D.C., Tampa, Pittsburgh, Hartford, Milwaukee and Cincinnati. With its newest members, BIG EAST markets will contain almost one fourth of all television households in the U.S.

Since opening its doors in 1979, the league has won 25 national championships in six different sports and 124 student-athletes have won individual national titles.

The BIG EAST has always been able to boast that some of its best students are also some of its best athletes. More than 350 student-athletes have earned academic all-America honors. Last year in football, Brian Leonard of Rutgers won the Draddy Award, known as the academic Heisman. Jay Henry of West Virginia was one of eight national scholar-athlete award winners named by the National Football Foundation.

Louisville field hockey standout Jessica Javelet, the 2006 BIG EAST Offensive Player of the Year, was named first team academic all-America.

The Louisville team, which earned a berth in the NCAA Championship, was recognized by the National Field Hockey Coaches Association for

the highest team GPA in the nation for a second straight year.

The BIG EAST has continued its basketball success in the 21st century. In 2003-04, Connecticut became the

first school in NCAA history to win the men's and women's NCAA titles in the same season. In '02-03, the BIG EAST became the first conference in NCAA history to win the men's and women's titles in the same year when the Syracuse men and the Connecticut women took home the NCAA crowns. In men's basketball, BIG EAST squads have won three of the last nine NCAA championships. BIG EAST women's teams have taken five of the last eight NCAA titles.

Proactive movement has been a signature strategy for the conference that was born in 1979. The BIG EAST continually turns challenges into opportunities to become stronger.

In the spring of 2001, the BIG EAST added women's lacrosse and rowing to its growing list of sports. The first women's golf championship was held in the spring of 2003.

The BIG EAST became a reality on May 31, 1979, following a meeting of athletic directors from Providence College, St. John's, Georgetown and Syracuse Universities. Seton Hall, Connecticut and Boston College completed the original seven school alliance.

While the membership has both increased and changed, the focus of the BIG EAST has not wavered. The conference reflects a tradition of broad based programs, led by administrators and coaches who place a constant emphasis on academic integrity. Its student athletes own significantly high graduation rates and their record of scholastic achievement notably show a balance between intercollegiate athletics and academics.

Any successful organization needs outstanding leadership. Michael Tranghese, the league's first full-time employee, and for 11 years the associate to Dave Gavitt, became Commissioner in 1990. In his first year, he administered the formation of The BIG EAST Football Conference.

The league has long been considered a leader in innovative concepts in promotion and publicity, particularly regarding television. Those efforts have resulted in unparalleled visibility for BIG EAST student athletes. The conference has enjoyed long-standing relationships with CBS, ESPN, Inc. and ABC.

While BIG EAST basketball games are regular sellouts at campus and major public arenas, including the annual men's BIG EAST Championship in Madison Square Garden, attendance figures also are significant in soccer, women's basketball and baseball games.

More than 550 BIG EAST student-athletes have earned all America recognition and dozens have won individual NCAA national championships. The BIG EAST has been well represented in U.S. or foreign national and Olympic teams. Several athletes earned gold medals in each of the last five summer Olympiads.

The BIG EAST has its headquarters in Providence where the conference administers to more than 5,500 athletes in 23 sports.

The BIG EAST Conference



2007-08 BIG EAST Rowing Members

- ◆ Connecticut / Storrs, Conn.
- ◆ Georgetown / Washington, D.C.
- ◆ Louisville / Louisville, Ky.
- ◆ Notre Dame / South Bend, Ind.
- ◆ Rutgers / New Brunswick, N.J.
- ◆ Syracuse / Syracuse, N.Y.
- ◆ Villanova / Villanova, Pa.
- ◆ West Virginia / Morgantown, W.V.



◆ Rowing Technology

BLADE: the end of the oar which pulls the boat through the water.
BOW: the forward end of the boat which crosses the finish line first; the rower in the seat nearest the forward end of a shell, who typically has a quick catch, stable technique and a shorter arc.
BUCKET RIGGING: two riggers on the same side next to each other instead of alternated.
COXSWAIN (COX): person who steers the shell from a seat located in the stern or a lying position in the bow.
ERGS: short for ergometer; individualized rowing simulators that help strength and conditioning.
LIGHTWEIGHT: a crew on which each athlete weighs under a specific amount (130 pounds for women).
NOVICE: a rower in the first year of collegiate competition.
REGATTA: the name of rowing events in which several crews compete.
REPECHAGE: a second chance race for those crews which did not automatically advance to the finals of an event.
RIGGER: the part which attaches an oar to the shell.
RUN: the distance the shell moves during one stroke.
SCULLING: type of rowing where each rower uses two oars.
SHELL: boat used in the rowing races. It seats nine people for an Eight and five people for a Four, and ranges in length from 45 feet for a Four to 58 feet for an Eight.
SPRINTS: used in collegiate competition, this type of race features a course which is 2000 meters long, usually with four to six unmarked or buoyed lanes and a floating or staked start.
STERN: the back of the boat; the end the rowers face during competitions.
STROKE: a complete cycle of moving the shell through the water; the rower who sits closest to the stern, looks directly at the coxswain in a stern-coxed boat and sets the rhythm for the shell.
SWEEPING: type of rowing where each rower uses one oar.
Varsity: the collegiate rower who competes beyond the novice level.
8+ AND 4+: eights (8+) and fours (4+) are the most common collegiate competitions and the two events held at the NCAA Championships. The plus indicates a coxswain on board.

◆ 2000-meter Competition

National, World and Olympic competitions are 2000 meters, or approximately 1.25 miles. Most courses are divided into six buoyed lanes, allowing six boats to participate at any one time. This racing utilizes a double-elimination system which allows each participant at least two opportunities to row.

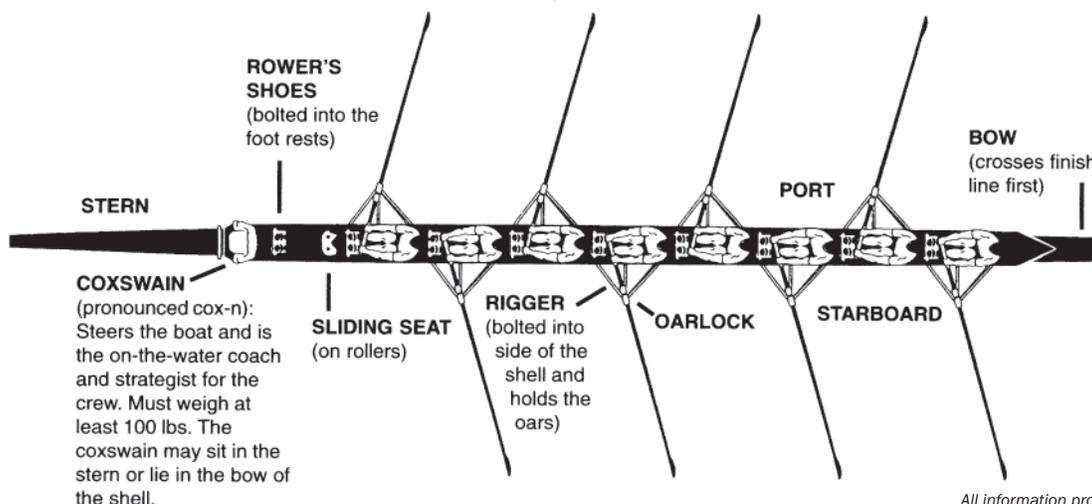
◆ Race Watching

The crew that's making it look easy is most likely the one doing the best job. While you're watching, look for –

- *Continuous, fluid motion of the rowers.* The rowing motion shouldn't have a discernible end or beginning.
- *Synchronization.* Rowers strive for perfect synchronization.
- *Clean catches of the oarblade.* If you see a lot of splash, the oarblades aren't entering the water correctly. The catch should happen at the end of the recovery, when the hands are as far ahead of the rower as possible. Rowers who uncoil before they drop the oarblades are sacrificing speed and not getting a complete drive.
- *Even oarblade feathering.* When the blades are brought out of the water, they should all move horizontally close to the water and at the same height. It's not easy, especially if the water is rough.
- *The most consistent speed.* Shells don't move like a car – they're slowest at the catch, quickest at the release. The good crews time the catch at just the right moment to maintain speed.
- *Rowing looks graceful, elegant and sometimes effortless when it's done well.* Don't be fooled. Rowers haven't been called the world's most physically-fit athletes for nothing. A 2,000-meter rowing race demands virtually everything a human being can physically bring to an athletic competition – aerobic ability, technical talent, exceptional mental discipline, ability to utilize oxygen efficiently and in huge amounts, balance, pain tolerance, and the ability to continue to work when the body is demanding that you stop.
- *A "Power 10" is a call by the coxswain for 10 of the crew's best, most powerful strokes.* Good coxswains read the course to know how many strokes remain for their crew to count down to the finish.
- *It doesn't matter whether you win an Olympic medal or don't make the finals – each crew still carries their boat back to the rack.*
- *Coxswains from first-place boats worldwide are thrown into the water by their crews.*
- *Coxswains don't now and probably never did yell "stroke! stroke!"* Similar to a jockey, their job is to implement the coach's strategy during the race, in addition to steering and letting the rowers know where they stand in the race and what they need to do to win.

◆ Head Races

Head Races are the traditional fall regattas, in which boats cross the starting line at full speed at roughly 15 second intervals. The course usually involves navigating three miles of river, around bends and under bridges. Whichever team completes the course in the shortest amount of time wins.



All information provided by USRowing.

